Paced appropriately for comfort and acclimatization, this journey up Kilimanjaro will follow the Machame route, summiting the “Roof of Africa” after six days of intensive, rewarding trekking. The route begins from the south, then heads east, traversing underneath Kilimanjaro’s southern ice field before summiting. The Machame route is scenically beautiful and varied. As you traverse the flanks of Kilimanjaro, you will walk through six different Eco-zones. The beautiful foliage and stunning scenery add to the mystique of this great mountain.

Afterwards, view the diverse animal and plant life in Serengeti National Park and Ngorongoro Conservation Area. This adventure is an experience steeped in both cultural exploration and wildlife immersion.

**GROUP SIZE:** 10-24 guests

**PRICING:** $7,295 per person double occupancy / $7,790 single occupancy

**STUDY LEADER: David Foster.** has been a faculty member in Organismic and Evolutionary Biology at Harvard since 1983 and Director of the Harvard Forest, the University's 4000-acre ecological laboratory and classroom in central Massachusetts since 1990. David is the Principal Investigator for the Harvard Forest Long Term Ecological Research program, sponsored by the National Science Foundation and involving more than 100 scientists and students investigating the dynamics of New England landscape as a consequence of climate change, human activity, and natural disturbance.

David has a Ph.D. in ecology from the University of Minnesota and has conducted studies in the boreal forests of Labrador, Sweden and Norway and the forests of Puerto Rico, the Yucatan, and Patagonia in addition to his primary research on landscape dynamics in New England. His interests focus on understanding the changes in forest ecosystems that result from human and natural disturbance and applying these results to the conservation and management of natural and cultural landscapes. He currently serves on the boards of The Nature Conservancy, The Trustees of Reservations, Choate Rosemary Hall and Highstead Foundation. As part of his conservation work David and colleagues developed *Wildlands and Woodlands – A Vision for the New England Landscape*, which lays out an ambitious plan for the protection and conservation of forest and farmland across the region. In September 2010 *Wildlands and Woodlands* received the Charles Eliot Award from the Trustees of Reservations.

At Harvard University David teaches courses on forest ecology and environmental change and directs the graduate program in forest biology. He lives in Shutesbury, Massachusetts with his wife Marianne Jorgensen and their children Christian and Ava.
SCHEDULE BY DAY
*B=Breakfast, L=Lunch, D=Dinner*

SATURDAY, JUNE 15
DEPART U.S. FOR TANZANIA

Depart the U.S. on independent flights to Kilimanjaro International Airport (JRO).

SUNDAY, JUNE 16
ARRIVE IN TANZANIA (4,551’)

Upon arrival at Kilimanjaro International Airport (JRO), purchase your visa and clear customs before meeting a local representative who will assist with your transfer to your lodge in Arusha.

In the evening, meet your Harvard study leader and fellow travelers at a welcome reception.

Overnight: Rivertrees Country Inn (R)

MONDAY, JUNE 17
ARUSHA CULTURAL WALKING TOUR

After breakfast, take part in a pre-trek briefing. Following, enjoy a walking tour of the small villages around Arusha. The tour will include a picnic lunch at a local coffee plantation where you can see how coffee progresses from tree to cup.

Return to the lodge for a gear check to get ready for the trip ahead.

Overnight: Rivertrees Country Inn (B, L, D)

TUESDAY, JUNE 18
MACHAME TRAIL-HEAD (7,742’) TO MACHAME CAMP (9,498’)

This morning, travel to the Machame trailhead, winding through coffee fields, small villages, and forests of ferns and flowers. After registering with park service, gear up with porters to start the climb.

The trek begins underneath a rainforest canopy as you gradually ascend to the Machame Camp.

Overnight: Machame Camp (B, L, D)

WEDNESDAY, JUNE 19
MACHAME CAMP (9,498’) TO SHIRA CAMP (12,595’)

Exit the forest as you continue your ascent, where the environment changes from heath forest to moorland. Halfway up the trail, meet the river gorge and ascend across the remote Shira Plateau. Set up camp for the night at the Shira Cave campsite.

Overnight: Shira Camp (B, L, D)

THURSDAY, JUNE 20
SHIRA CAMP (12,595’) TO BARRANCO CAMP (13,077’)

After a hearty breakfast, begin the climb to 14,800’. While crossing the ridge at the Lava Tower, enjoy great views of the rolling African plains below. Admire the ancient glacier of the Breach Wall from the Lava Tower (15,090’) before descending to the campsite at Great Barranco.

Overnight: Barranco Camp (B, L, D)

FRIDAY, JUNE 22
BARRANCO CAMP (13,077’) TO KARANGA CAMP (13,235’)

In the beautiful morning light, climb up and over the Great Barranco Wall, topping out at about 14,500 ft. Wind through a gently descending trail to camp Karanga, 13,235’. This completes another day of acclimatization as you pass below the famous Breach Wall, the largest ice and rock face in Africa. Here daytime temperatures can reach
80 degrees Fahrenheit, while evening temperatures often drop below freezing. 

Overnight: Karanga Valley Camp (B, L, D)  

SATURDAY, JUNE 23  
KARANGA CAMP (13,235’) TO KOSOVO CAMP (15,750’)

In the morning, climb three to four hours to Barafu Camp for lunch on the way to the high camp, Kosovo. As you wind through these sparsely traversed regions, enter a high desert plateau dotted with volcanic boulders. Looking south, view the desert plains, as the pinnacles of Mawenzi Peak tower before you.

At Kosovo, eat dinner and prepare for an early morning departure for your summit push.

Overnight: Kosovo Camp (B, L, D)

SUNDAY, JUNE 24  
UHURU PEAK (19,341’) SUMMIT DAY

Wake up before midnight to prepare to ascend Kilimanjaro. Begin your climb in the darkness, wearing headlamps until the pre-dawn light reflects off the African plains and high mountain glaciers. Approach the rim of the crater and then traverse to the summit of Uhuru Peak (19,341’). You will now be on the highest free-standing mountain in the world, as well as the highest point on the African continent.

After enjoying the view from the roof of Africa, descend to Kosovo Camp for a restful lunch before beginning the hike down.

Overnight: Millennium Camp (B, L, D)

MONDAY, JUNE 25  
LOW CAMP (12,556’) TO MWEKA GATE (5,380’)

On the final day of your Kilimanjaro journey, descend through the lush green landscape of the Mweka Route into a jungle environment with 20-foot fern trees. After reaching Mweka Gate, say farewell to the mountain staff and drive to the lodge for a well-deserved shower and celebration dinner.

Later in the evening, re-pack your gear for a safari or the journey home.

Overnight: Rivertrees Country Inn (B, L, D)

TUESDAY, JUNE 26  
ARUSHA / DEPART

This morning, head toward the Cultural Heritage Center where you will shop in the largest market in East Africa. The Cultural Heritage Center features the best variety of souvenirs including a large selection of Tanzanian gemstones and local arts & crafts. Enjoy time to wander around the Heritage Center, art gallery, and have lunch. This is your best opportunity to get any last-minute items to remember your experience in Africa.

On your way to the day room at the airport, pay a visit to the Human Outreach Project: Kilimanjaro Kids Community where you will have time for a site tour. Afterward, continue on to the day rooms, where you can relax prior to your evening departure.

Day Room: Rivertrees Country Inn (B, L)