

IN THE FOOTSTEPS OF ST. JAMES

El Camino de Santiago October 14–26, 2022

with Allen Dwight Callahan,

Visiting Professor of Religion and Society at Harvard Divinity School





In the Footsteps of St. James

For more than a thousand years in Spain, pilgrims have walked the Camino de Santiago, the "Way of Saint James." This spiritual journey led these devout travelers to the Shrine of the Apostle at Santiago de Compostela in Galicia. Join us on a moderately active program in the footsteps of these peregrinos. On an eleven-night adventure this October, you will hike the most interesting sections of the Camino, enjoying exquisite cuisine, regional wines, and breathtaking architecture en route. The average distance covered is 3.5 miles per day, with one day's mileage being just under 5.5 miles.

You will also delight in the rare opportunity to walk this historic trail during the Camino's Holy Year, Xacobeo, celebrated for the first time since 2010 and exceptionally extended from 2021 through 2022. Begin the Camino in Pamplona and end in Santiago de Compostela. Explore awe-inspiring cathedrals and monasteries in Nájera, Burgos, León, and other pilgrimage cities along the way, staying in graceful, centuries-old paradores. Conclude your journey with Mass at the magnificent Cathedral of Santiago de Compostela, one of Spain's most important religious structures. During the ceremony, the Botafumeiro ritual—in which incense is burned within a swinging censer-will be performed.

Activity Level 4: 山水水水









Participants must be in good health and able to keep pace with an active group. They must be able to hike for up to six miles a day on uneven terrain; walk and stand for periods of two hours at a time; climb stairs, some without handrails, at monuments and other locations not handicapped accessible; and board a motorcoach unassisted. Any condition that may require assistance or special medical attention must be reported at the time of your reservation. For walks on the Camino, participants are advised to bring "broken-in" walking shoes or boots, a sun hat, and comfortable hiking attire.

Puente La Reina (above); Walker on the Camino de Santiago trail. (below). Front cover: León. Back cover: Walker on the Camino de Santiago trail (top) and Burgos, photo by Fernando López (bottom).

Study Leader



Allen Dwight Callahan is the Visiting Professor of Religion and Society at Harvard Divinity School. An independent scholar, media commentator, and creative consultant, he has taught biblical languages and literatures at the

Harvard Divinity School. He has also served as Associate Chaplain at Brown University and as Theologian in Residence at Metropolitan Baptist Church in Washington, D.C. Allen is the author of three books and over two dozen scholarly articles. He has also been a featured contributor in documentaries aired on PBS, the History Channel, and the Discovery Channel.

On this journey, Allen will lecture on the following topics:

"James Who?"

In the footsteps of Saint James, from the Sea of Galilee to Salt Lake City, Utah.

"James, the Killer Saint"

A look at how Saint James gained a medieval reputation for slaughter and mayhem.

"'Until You Reach a Golden Gate': On Pilgrimage" The way of the pilgrim—as opera, as criminal justice, and as comic book.

Accommodations

HOTEL TRES REYES, PAMPLONA

Enjoy relaxation and comfort in this hotel's sleek, beautiful rooms and suites. Amenities include complimentary Wi-Fi and creative, traditional Navarran cuisine in its Tres Reinas restaurant.

HOTEL VILLA DE LAGUARDIA. LAGUARDIA

Situated among vineyards of Rioja Alavesa, this hotel features a spa with wine and olive oil treatments. Delight in excellent cuisine in its two restaurants, Medoc Alaves and El Villa Bistro.

HOTEL NH PALACIO DE LA MERCED, BURGOS

In the heart of Burgos, this magnificent Gothic structure was built in the 16th and 17th centuries. The spacious guest rooms are a fusion of classic and contemporary design.

PARADOR DE LEÓN, LEÓN

This *parador* is one of the most important monuments of the Spanish Renaissance. Enjoy its spacious, elegant guest rooms; library; and restaurant offering beautifully prepared traditional cuisine.

PARADOR DE VILLAFRANCA DEL BIERZO, VILLAFRANCA DEL BIERZO

At the entrance to the town of Villafranca del Bierzo, this *parador* is surrounded by mountains whose slopes are dotted with chestnuts, poplars, and small farms. It's large windows offer extraordinary views. In the garden, guests can enjoy the seasonal swimming pools.

HOTEL SAN FRANCISCO MONUMENTO, SANTIAGO DE COMPOSTELA

Minutes from the Cathedral of Santiago de Compostela, enjoy the tranquility of an 18th-century Franciscan convent with four-star amenities, including a heated swimming pool and Jacuzzi.



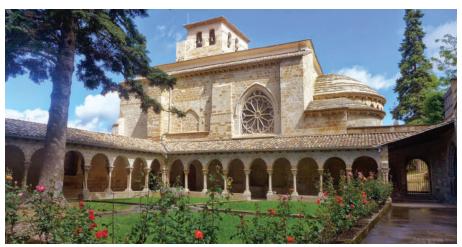
Hotel Villa de Laguardia



Hotel NH Palacio de La Merced

Rates Per Person

\$6,999 per person, double rate \$7,999 single rate



Church of San Pedro de la Rúa, Estella, photo by Amawalker



Camino de Santiago Shell, Estella, photo by Rafel Miro





Map of the region (left) and Palace of the Kings of Navarre, Estella, photo by Jorab (right)

Schedule by Day

B=Breakfast, L=Lunch, R=Reception, D=Dinner

FRIDAY, OCTOBER 14

Departure

Depart home independently on an overnight flight to Pamplona via Madrid.

SATURDAY, OCTOBER 15

Madrid, Spain / Pamplona

Arrive in Pamplona in the late afternoon, and transfer to the Hotel Tres Reyes. This evening, meet fellow travelers for an *aperitif* followed by dinner.

SUNDAY, OCTOBER 16

Pamplona

Attend a morning lecture before a walking tour of Pamplona's Old Quarter. After lunch, drive to Roncesvalles, one of the main entrances to Spain for the St. James Way. Each traveler will receive a *credencial* (pilgrim passport) to mark their route. Our first walk on the trail is from Albergue to Espinal across the fertile plains of the Río Ebro. Return to Pamplona, where the remainder of the day is at leisure.

Approximate walking distance: 4 miles.

MONDAY, OCTOBER 17

Pamplona / Laguardia

Travel by coach to the Romanesque Church of Santa María de Eunate, one of the jewels of the Camino. From there, walk a short distance on the Camino to Puente La Reina, a medieval town where the two main routes on the Pilgrim's Way converge. There will be time to explore the town and enjoy lunch on your own. Then, drive to Estella to see the Palace of the Kings of Navarre and San Pedro de la Rúa, with its beautiful 12th-century cloister. Continue to Laguardia, the historic capital of the famous Rioja Alavesa wine region. The Hotel Villa de Laguardia will be our home for the next two nights. Dinner is at a local restaurant featuring regional cuisine and wines.

Approximate walking distance: 4 miles.

TUESDAY, OCTOBER 18

Laguardia

Following a morning lecture, drive to the lively university city of Logroño to see its lovely Old Quarter. While there, explore the cathedral, which boasts a painting by Michelangelo. Lunch is at Bodegas Baigorri, where Rioja Alavesa is produced. Return to Laguardia and visit Santa Maria Church with its beautiful portico. Stroll through the streets of this medieval town before returning to the hotel, with the remainder of the day at leisure. B,L Rest day (only sightseeing walking).

WEDNESDAY, OCTOBER 19

Laguardia / Burgos

Depart for Nájera, the former capital of the Kingdom of Navarre. Visits include the Monasterio Santa María de la Real, the burial place of many of the kings, queens, and knights of Navarre. Continue walking on the Camino to Azofra, then drive to Santo Domingo de la Calzada for lunch and a visit to the cathedral and the Pilgrims' Hospital, declared a National Historic Interest Site. In Burgos, visit the Gothic abbey of La Cartuja de Miraflores. Check in at Hotel NH Palacio de la Merced, our home for the next two nights. Dinner is at leisure.

Approximate walking distance: 3.6 miles.

THURSDAY, OCTOBER 20

Burgos

Discover the sumptuous Burgos Cathedral, the largest church in Spain, and view its richly decorated interior chambers on a morning tour. Drive to the Monastery of Santo Domingo de Silos, a masterpiece of Romanesque architecture, and experience a Gregorian chant performed by the world-famous monks of Silos. Afterwards, walk along a delightful Camino path through an oak and pine forest leading to the peaceful valley of the Río Vena. Dinner is at leisure. B,L Approximate walking distance: 3.8 miles.

FRIDAY, OCTOBER 21

Burgos / León

Drive this morning to the little village of Calzada del Coto. Embark on a beautiful hike along this stretch of the Camino to Calzadilla de los Hermanillos. After a tapas lunch at a popular pilgrim restaurant, continue to León for check-in at the Parador de León. The afternoon is at leisure. Gather for an evening lecture before dinner at a local restaurant.

B,L,D

Approximate walking distance: 5.4 miles.





Cathedral of Santiago de Compostela (left) and Botafumeiro ritual (right)

SATURDAY, OCTOBER 22

León

Following a morning lecture, follow the Camino within the walls of León to discover the neo-Gothic palace Casa de Botines, Gaudi's architectural masterpiece. Explore León's soaring 13th-century cathedral, a UNESCO World Heritage Site. Then, view the Basilica of San Isidoro, the most important Romanesque church of the Iberian Peninsula. In the city's historic center, lunch is at Racimo de Oro, a restaurant that serves local specialties. The remainder of the day is at leisure. B,L Approximate walking distance: 1.3 miles.

SUNDAY, OCTOBER 23

León / Villafranca del Bierzo

A journey on the Camino will take you into the glorious open countryside of the *páramo* (treeless grassland), with its rich red earth. Drive to Astorga, an important city at the crossroads of several major pilgrim routes. Admire Antoni Gaudí's Bishop's Palace before lunch. Continue to Ponferrada and the magnificent 12th-century Templars Castle of Ponferrada. Stroll on the Camino as it winds within the medieval section of Ponferrada. Check in for a night at the Parador de Villafranca del Bierzo, where you will enjoy dinner this evening.

B,L,D Approximate walking distance: 4.2 miles.

MONDAY, OCTOBER 24

Villafranca del Bierzo / Santiago de Compostela

See the historic highlights of Villafranca del Bierzo and drive to Monte do Gozo for lunch. The spires of the magnificent Cathedral of Santiago de Compostela will be visible as you join other pilgrims along the last few miles of the Camino. Check into the Hotel San Francisco Monumento. Later, an optional excursion is arranged to "the end of the Earth" at Cape Finisterre, once thought to be the westernmost point on the Iberian Peninsula. Enjoy the sunset from the cape with a glass of Cava.

Approximate walking distance: 2.9 miles.



Santiago de Compostela

On a morning walking tour, enjoy the many treasures of this historic town, a UNESCO World Heritage Site. Complete the pilgrim experience at the majestic Cathedral of Santiago de Compostela's Mass, where the famous *Botafumeiro* ritual will be performed. Lunch and the afternoon are at leisure. This evening, gather for a festive farewell dinner. B,D

WEDNESDAY, OCTOBER 26

Santiago de Compostela

Depart the hotel early this morning for your flight home.



Bodegas Baigorri, Laguardia, photo by U. Keyes



Church of Santa María de Eunate, Pamplona, photo by Martin

Terms & Conditions

AA&D Community Expectations: Harvard University Alumni Affairs & Development (AA&D) programs and volunteer opportunities respect the rights, differences, and dignity of others. Those taking part in AA&D activities, including travel programs developed by Harvard Alumni Travels for the Harvard Alumni Association ("HAA"), are expected to demonstrate honesty, integrity, and civility and are accountable for their conduct with University alumni, students, parents, volunteers, employees, and invitees.

AA&D reserves the right to suspend services to—and to exclude from participation in AA&D programs—any person whose inappropriate behavior adversely affects the safety, well-being, and inclusion of community members.

Contract: Harvard Alumni Association does not itself conduct tours, but instead partners with several different tour operators to offer a broad range of travel programs. Tour participants contract directly with tour operators, although HAA is available to act as a liaison with tour operators should participants have any questions or concerns. HAA is not responsible for performing any of the tour operator's obligations. The tour operator for this program is Arrangements Abroad, based in New York, NY.

Program Rates:

Per person double occupancy: \$6,999 Single occupancy: \$7,999

Program Cost Inclusions: Eleven (11) nights accommodations as per itinerary; Meals as indicated in the itinerary; Bottled water, wine and coffee/tea with all lunches and dinners as per itinerary; Enrichment program of lectures and talks; Escorted sightseeing, transportation and entrance fees for all included visits; Airport/hotel/airport group transfers for all participants on Suggested Group Flights; Gratuities to local guides and drivers; Taxes, service charges, baggage handling; Predeparture trip materials.

Program Cost Exclusions: International airfare; Passport/visa fees; Meals not specified; Alcoholic beverages other than noted in inclusions; Personal items and expenses; Airport transfers other than for those on suggested flights; Optional trip insurance.

Program Size: This tour, (exclusively developed for Harvard Alumni Association Travels), is limited to 28 participants on a first-come, first-served basis. The minimum group size is 18. Should the minimum not be met, HAA reserves the right to cancel the program, levy a small group surcharge, and/or send the program without a Harvard study leader. HAA retains the right to add staff members and/or invited guests to any group departures regardless of the stated group-size limitation.

Reservations, Deposits & Final Payment: To reserve a space on this program, a \$1,000 deposit is required per person. Reservations are

acknowledged in order of receipt until the maximum enrollment has been reached. Final payment is due June 16, 2022 (120 days before departure) by cash, check (payable to "Arrangements Abroad"), wire transfer, ACH, debit card, or American Express credit card. Participants will receive an invoice directly from Arrangements Abroad for all subsequent payments after the initial deposit.

Participant Cancellations & Refunds:

Notification of cancellation must be received in writing by HAA from the participant.

No deposit refunds will be given for cancellations received after June 16, 2022. Subsequent payments are subject to the cancellation fees as follows: 120 to 91 days prior to departure: 20% of the Program cost is non-refundable. 90 to 61 days before departure: 50% of the Program cost is non-refundable. 60 days or less before departure: 100% of the Program cost is non-refundable. No refunds will be given for cancellations on or after the day of departure, or for unused portions of the tour, for any reason.

Trip Insurance: Neither HAA nor the tour operator, including all representatives, employees, and agents, will take responsibility for any costs or losses incurred or suffered by a participant, or a participant's dependents or traveling companions before, during or after the tour. This includes, without limitation, cancellation or curtailment of the tour. emergency evacuation expenses, medical expenses, repatriation expenses, or damage/ theft/loss of personal baggage, money, and goods. As noted below, neither HAA nor its tour operators shall be liable for any airline cancellation penalty incurred by the purchase of a nonrefundable airline ticket or for any other expenses incurred by tour participants in preparing for the tour.

HAA highly recommends the purchase of trip insurance to cover unforeseen trip interruptions, cancellations, lost baggage, and emergency medical assistance and evacuation. Participants may purchase trip insurance through any provider. HAA will provide information from one provider, Redpoint Resolutions, upon confirmation, which will detail available options. If a participant purchases a trip insurance policy from Redpoint Resolutions within a 14-day window, then the pre-existing medical conditions exclusion will be waived, and the participant will be eligible to purchase the "Cancel for Any Reason" upgrade. The 14-day window begins on the first day the participant's trip deposits become non-refundable. For participants who utilize a trip credit to book the trip, the 14-day window starts the first day the participant is subject to financial penalty for cancellation, including full or partial loss of the trip credit. An insurance policy, when issued, shall constitute a contract only between the participant and the insurance provider. HAA will not intervene in any transactional issues or claim disputes between the participant and the insurance provider.

Air Arrangements: International airfare is not included in the cost of the program. The tour operator can assist you with your air arrangements. Neither the Harvard Alumni Association nor the tour operator accepts the liability for any airline cancellation penalty incurred by the purchase of a non-refundable airline ticket. The air ticket when issued shall constitute the sole contract between the passenger and the airline concerned. Airfare is subject to change and availability and is nonrefundable. Your airline ticket constitutes a contract between you and the airline, even if purchased through Operator.

What to Expect/Physical Health: Due to the prevalence of SARS-CoV-2 (COVID-19), participants should anticipate rules and restrictions to be enforced at airports, on flights, and at country entry points, as well as protocols in place during the program to reduce the risk of COVID-19 transmission. Updates will be provided closer to departure.

All participants must be in overall good health to participate in a HAA trip. All programs require physical independence and mobility: participants must be able to embark or disembark all conveyances used on the program alone or with minimal assistance from a traveling companion and must be able to climb stairs and step over raised thresholds without assistance.

Participants requiring assistance **must** travel with a companion who will be responsible for handling any required equipment. Any physical or mental health condition that may require special medical attention or physical assistance must be disclosed in writing prior to booking so that HAA and the tour operator may evaluate whether participation is feasible. All participants should consult with their doctor about whether they can meet the physical requirements of their trip and must complete and return any medical forms required by the tour operator.

Participants with **dietary restrictions** also must make these known to the tour operator well before departure, otherwise the tour operator may not be able to accommodate them.

Preparing For The Tour: Participants will be provided with comprehensive pre-departure travel information, including specific suggestions for packing.

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Terms & Conditions

Changes in Itinerary Program, Staffing & Costs: The itinerary is subject to change at the discretion of HAA and the tour operator. HAA reserves the right to change program dates, staff (including study leader), itineraries, or accommodations as conditions warrant. HAA further reserves the right to cancel programs, levy a small group surcharge, send a program without a study leader and/or withdraw HAA sponsorship from a program. Please note that all participants are bound to the cancellation fee schedule and other terms and conditions of the program regardless of whether HAA takes any of these actions. Participants making deviations from the scheduled itinerary do so at their own expense. All prices quoted are based on prevailing fuel prices, airfares, and currency exchange rates in effect as of the date of this publication and are subject to change.

Failure to Operate the Tour or Cancellation of the Tour by the Tour Operator: If the tour operator fails to operate the tour or cancels the tour, except as a direct result of adverse weather conditions, strikes, local laws, hostilities, wars, terrorist acts, significant health concerns (such as epidemics or pandemics requiring significant travel disruptions), or other such causes beyond HAA and the tour operator's reasonable control (Force Majeure Events), then the tour operator shall refund all monies received from tour participants. If the tour operator's failure to operate the tour or cancellation of the tour is a direct result of a Force Majeure Event, then the tour operator may provide tour participants a refund consisting, in whole or in part, of credit toward future travel. Tours also shall be cancelled if the U. S. State Department, another U.S. government agency, or a relevant local government agency issues a statement within sixty (60) days of tour departure to the effect that American citizens or others should not travel except for essential reasons to any of the destinations on the itinerary for that tour. In such case, the tour operator will provide an alternate tour with a revised or substitute itinerary and may provide tour participants who choose not to travel on the alternate itinerary a refund consisting, in whole or in part, of credit toward future travel.

Curtailment of the Tour by the Tour Operator: If a tour is curtailed after it has begun, either as a direct result of a Force Majeure Event, or because the U. S. State Department, another U.S. government agency, or a relevant local government agency has issued a statement to the effect that American citizens or others should not travel except for essential reasons to the remaining destinations on the itinerary for that tour, then the tour operator will take immediate steps to end the tour early and assist tour participants with travel arrangements back to their homes or other final destinations. In such a case, the tour operator may provide tour participants a refund for the number of missed days on the original tour consisting, in whole or in part, of credit toward future travel. The calculation for any such refund shall take into account any non-recoverable prepayments, and any additional expenses incurred by the tour operator to wind up the tour early.

Responsibility: The tour operator, its owners, and employees act only as agents for the various independent suppliers and contractors providing transportation. hotel accommodations. restaurants, and other services connected with this tour. Such travel, accommodations, and services are subject to the terms and conditions under which they are offered or provided, and HAA and the tour operator, along with their respective employees, agents, representatives, and assigns, accept no liability therefor. Neither HAA nor the tour operator assumes liability for any injury, damage, loss, accident, delay, or other irregularity which may be caused by the defect of any aircraft or vehicle or the negligence or default of any company or person engaged in carrying out or performing any of the services involved. Nor will HAA and the tour operator accept responsibility for losses, injury, damages, or expenses of any kind due to Force Majeure Events, other than as provided above. All services and accommodations are subject to the laws of the country in which they are provided. HAA and the tour operator reserve the right to make changes in the published itinerary whenever, in their sole judgment, they deem it necessary for the comfort, convenience, or safety of the tour participants. HAA and the tour operator may, in their sole judgment, decline to accept or retain any person as a tour participant. Baggage and personal effects are always the sole responsibility of their owners. The price of the program is given in good faith based on current tariffs and rates and is subject to change. Any increases in tariffs, exchange rates, or fuel prices will be passed onto participants. As part of the consideration and right to participate in a tour, each participant must sign this document and may be asked to sign a separate liability waiver and release form by the tour operator.

Personal Information: HAA and the tour operator will not share participants' personal information with third parties or make it publicly available except as follows: participants' names, degree(s), home city, and email addresses may be included in the tour participant list that is distributed to tour staff and participants prior to departure; and relevant information about participants is shared with those contracted to provide tour services in the destination. Tour operators and their agents are prohibited from sharing or selling this information to other parties. Participants may opt out of sharing their email addresses with others on the tour participant list.

Appearing in Photos: Photos from Harvard trips may be posted on photo-sharing web sites or on social networking sites. Your likeness may appear in some photos or videos, posted either by HAA or by other travelers, and these materials may be circulated worldwide. Trip photos also may be selected to appear in future Harvard Alumni Travels promotions; in such cases, HAA will attempt to notify the traveler in advance, but no compensation is available for appearing in a trip photo used for promotional purposes.

Disclaimer: Every reasonable effort has been made to ensure the accuracy of the information presented in this document. HAA is not responsible for errors in or damages resulting from the use of the information contained herein. Information contained in this document is subject to change.

Assumption of Risk: Tour participants understand and agree that participation in the tour involves risks that include, without limitation. risks involved in travel; political, legal, medical, social, economic, and weather conditions; standards of design, safety, and maintenance of buildings, public places, and conveyances that may differ from those to which they are accustomed; and health and safety standards that may differ from those to which they are accustomed. Without limiting the foregoing, tour participants understand and agree that there are risks associated with the possibility of an epidemic or pandemic, the trajectory of which may be unpredictable, and that as a result of such an epidemic or pandemic, local and national governments may enact border, travel, and stayat-home restrictions, and health care systems may become overwhelmed. Tour participants recognize that they may be subjected to potential risks, illnesses, injuries, and even death and confirm that they have made their own investigation of these risks, understand them, and assume them knowingly and willingly. Knowing the risks described herein, tour participants agree, on behalf of their family, heirs, and personal representative(s), to assume all risks responsibilities surrounding participation in the tour.

Release and Indemnification: By signing below (or by checking the respective box on the on-line registration form), I certify that I am age 18 or older and that I have carefully read and freely signed these Travel Terms and Conditions on my own behalf and on behalf of all members of my party. To the maximum extent permitted by law, I release, hold harmless and agree to indemnify Harvard, and its officers, governing board members, faculty, staff, representatives, employees and agents, from and against any present or future claims, losses, liabilities, costs and expenses for injury to person or property, or for any other damage, which I may suffer, or for which I may be liable to any other person, related to my participation in the tour resulting from any cause, including but not limited to negligence on my part or on the part of any of the released parties.

I understand and agree that no oral or written representations can or will alter the contents of this document. I agree that this agreement shall be governed by the laws of the Commonwealth of Massachusetts (excluding its conflict of laws principles), which shall be the forum for any lawsuits filed under or incident to this agreement or the tour.

QUESTIONS: Please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806, or email haatravels@harvard.edu.



Trip Registration Is Easy

Step 1: Click this link: alumni.harvard.edu/haatripforn

Step 2: Fill out the online form with your contact information and payment details.

Step 3: Look for an email confirmation from HAA.

TRAVEL WITH HARVARDQUESTIONS? CONTACT US AT <u>ALUMNI.HARVARD.EDU/TRAVEL</u>
800-422-1636 • HAATRAVELS@HARVARD.EDU

