TOWN & COUNTRY LIFE® IN FRANCE’S LANGUEDOC

TOULOUSE • CARCASSONNE • ALBI

WITH THOMAS W. SIMONS, JR.

SEPTEMBER 22 - 30, 2018
HARVARD STUDY LEADER

Thomas W. Simons, Jr., is currently a visiting scholar at Harvard’s Davis Center for Russian and Eurasian Studies. He holds a BA from Yale and an MA and PhD from Harvard, and has taught at Brown, Stanford, Cornell, and Harvard. During a 35-year U.S. Foreign Service career, he specialized in East-West relations; in the 1990s he was U.S. Ambassador to Poland, Coordinator of U.S. Assistance to the New Independent States of the former Soviet Union, and U.S. Ambassador to Pakistan.

Tom has a certificate from France’s main diplomatic training school, Sciences Po; he and his wife, Peggy, led an alumni group down the Seine in 2002; and in recent years they have lived off and on in Paris. He describes Languedoc as a region of rich history and a beguiling countryside of wine and wheat that is emptying out into some of France’s fastest-growing cities. In his lectures Tom will be looking at where the region fits in today’s France, what made it tick before it was conquered by France in the 1200s, and the great Albigensian heresy that flourished there and triggered the French conquest.

Scheduled guest speakers may be altered due to circumstances beyond our control. See General Information section.

PRE- AND POST-PHOTOGRAPH OPTIONS

SEPTEMBER 30 - OCTOBER 3
CATHAR COUNTRY
POST-PROGRAM OPTION
$1,625 PER PERSON, DOUBLE OCCUPANCY
$1,925 PER PERSON, SINGLE OCCUPANCY
Deep in the heart of Pays Cathare stand the awe-inspiring castles and fortified towns built by this Christian denomination that flourished during the 12th and 13th centuries. Visit Château de Quéribus, site of the Cathars’ last stand; the 10th-century bastide town of Mirepoix; the enigmatic village of Rennes-le-Château, with its legends of the Holy Grail and the Knights Templar; and Alet-les-Bains, built on a natural hot spring. Explore the rock-hewn troglodyte Church of Sainte-Marie in Vals and the medieval Château de Foix. Enjoy the region’s famous Blanquette de Limoux at a historic, family-owned estate. Spend three nights in the charming Château Des Ducs De Joyeuse, an authentic 16th-century castle turned hotel in the village of Couiza.

Details will be provided with your reservation confirmation.

SEPTEMBER 20 - 23
TOULOUSE, FRANCE
PRE-PROGRAM OPTION
$740 PER PERSON, DOUBLE OCCUPANCY
$1,040 PER PERSON, SINGLE OCCUPANCY
Toulouse lies along the sun-kissed banks of the Garonne River in the idyllic South of France. Explore Les Jacobins, the first Dominican monastery in the world; enjoy a walking tour through Toulouse’s cobblestone streets; discover the city’s most impressive Romanesque and Gothic churches and its opulent 16th-century mansions; and visit the Musée des Augustins and admire fine medieval stone sculpture. Accommodations for two nights are in the Grand Hôtel de L’Opéra in Toulouse.
BASK IN THE SOUTH OF FRANCE’S NATURAL SPLENDOR DURING 
LES BEAUX JOURS DE L’AUTOMNE (THE BEAUTIFUL DAYS OF AUTUMN)
on this exclusively designed, nine-day sojourn amid the unspoiled landscapes,
traditional French villages, and lofty Cathar fortresses of the rich, historical
provinces of Languedoc-Roussillon and Midi-Pyrénées—a well-kept secret of
allure and intrigue—recently redesignated the Occitania region. Immerse yourself
in the authentic way of life and vivid local culture and delve into the complex
history, traditions, and legends of its many past inhabitants, from the ancient
Greeks and Romans to the Occitans and the Cathars.

During this comprehensive itinerary, one of the widely acclaimed TOWN & COUNTRY LIFE®
series, experience a unique combination of both town and country, from the
UNESCO World Heritage-designated medieval Cité de Carcassonne with its
two concentric stone walls and 53 towers to the impossibly picturesque hilltop
village of Cordes-sur-Ciel, built in the 13th century by the Count of Toulouse, and
the rarely ventured département of Aude’s ample vineyards, where medieval
monks first produced crisp Blanquette, a sparkling wine that predates Champagne.
Enjoy two specially arranged wine tastings and a private cruise on the breathtaking
Canal du Midi, a UNESCO World Heritage site and historic link between the
Mediterranean Sea and Atlantic Ocean. Marvel at the natural wonders of the
Corbières region and the Pyrénées Mountains and walk the storybook cobblestone
lanes amidst the Southern Gothic-style architecture and distinctive red-brick
buildings of the UNESCO-designated episcopal city of Albi. Interact with local
Residents who will share insights into their daily lives in the Occitania region during
the exclusive TOWN & COUNTRY LIFE® FORUM.

Enjoy accommodations in the comfortable HOTEL MERCURE ALBI BASTIDES,
ideally located overlooking the River Tarn with terrace views of the medieval heart
of Albi, and in the charming CHÂTEAU DE FL ÈUR E, an authentic 16th-century French
country estate. Toulouse Pre-Program and Cathar Country Post-Program Options
are available to enhance your exploration of France’s best-kept secret.

This one-of-a-kind small group travel program invites you to explore le coeur
(the heart) of France’s most fascinating yet undiscovered region at the best time
of year, and it is an excellent value. Make your reservations today!

TO BOOK A TRIP, CALL 800-422-1636 OR VISIT ALUMNI.HARVARD.EDU/TRAVEL
Upon arrival in Toulouse, journey into the picturesque Massif Central to the charming and historic city of Albi. Check into the stylish Hotel Mercure Albi bastides, a historically registered, 18th-century former water mill converted into a charming hotel overlooking the River Tarn. This afternoon, enjoy time at leisure to explore Albi before savoring dinner in the hotel’s quintessentially French atmosphere. (d)

Albi

Known as ‘la rouge’ by locals for the town’s signature red-brick architecture, the UNESCO World Heritage-designated old city of Albi became a powerful episcopal center and market town following a crusade against the Cathars in the 13th century. Today, countless beautiful Renaissance maisons (houses) and iconic crimson brick buildings line the cobbledstone streets. Stroll across the River Tarn along the 10th-century Pont Vieux (Old Bridge) for a spectacular view of the city, and visit the French Southern Gothic-style Cathédrale Sainte-Cécile, whose elaborate ceiling frescoes are the largest and oldest Italian Renaissance paintings in France. Visit the Collégiale Saint-Salvi, which impeccably merges 10th-century Roman and 13th-century Gothic architectural styles. Savor lunch in a local restaurant featuring regional wine, followed by a tour of the acclaimed Musée Toulouse-Lautrec, housed in the imposing Palais de la Berbie, which exhibits the world’s largest collection of works by Henri Toulouse-Lautrec, the famed Art Nouveau artist born here in 1864.

Enjoy a Welcome Reception in the hotel this evening. (b,l,r)

GAILLAC/NOAILLES/CORDES-SUR-CIEL

Visit the quaint old town of Gaillac in one of France’s oldest wine-growing regions, where narrow rues brim with bâtisse à colombages (half-timbered buildings) and open up to charming village squares. The vineyards of Gaillac produce grapes to make red wines like Syrah, Cabernet, and Merlot and white wines such as Mauzac and Sauvignon. Visit the historic, French Southern Gothic-style Abbaye Saint-Michel de Gaillac, founded on the banks of the Tarn in A.D. 972 by Benedictine monks and consecrated by the Bishop of Albi. In nearby Noailles, enjoy a private tasting of local wines at a family-owned vineyard. Continue to the 13th-century hilltop village of Cordes-sur-Ciel, which appears to float above the sky, or sur ciel, among low-lying clouds that hang in the surrounding Cérou Valley. It is said to be the first ville bastide (fortified city) ever built, intended to protect its inhabitants from the siege of the Cathars. It is one of the most picturesque villages in all of France, with attractive Gothic-style architecture and the sculpted, decorative facades of merchants’ houses, evidence of the wealth from the 14th-century leather and cloth trades.

This afternoon, experience a special Town & Country Life® Forum with local residents, who will discuss daily life in the South of France. (a)

ALBI/CASTRES/CASTELNAUDARY/FLOURE

Travel to the small, scenic village of Castres, built around a ninth-century Benedictine monastery on the Agout River. Since the 14th century, Castres has been a great center of the wool industry—its farmers and weavers used wool from their own sheep to make yarn, cloth, and fabrics. Today, it is France’s most important producer of carded wool. Tour the largest collection of Spanish artwork in France in the fascinating Goya Museum, located in the original Archbishop’s Palace and designed by one of the architects of Versailles. Visit the charming market town of Castelnaudary—the main port of the famous Canal du Midi—located on the Roman route from Toulouse to the Mediterranean and the birthplace of one of France’s most beloved regional specialties, le cassoulet. By special arrangement, lunch in a local restaurant includes an exclusive C’est Bon! Culinary Traditions™ cooking demonstration illuminating

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the history of the region’s famous le cassoulet.

A short drive takes you into the heart of Cathar Country to check into the charming Château de Floure this evening. (b,l,d)

THURSDAY, SEPTEMBER 27

CARCASSONNE/ CANAL DU MIDI

Settled on the former frontier between France and Spain and occupied since the sixth century B.C., Carcassonne—the largest walled city in Europe—was fortified by the Romans, conquered by the Visigoths, captured by Persians, invaded by Franks, and overrun by Barbarians. Each of these civilizations left their indelible influence on the city’s architectural and artistic heritage. The medieval core of Carcassonne, La Cité, is a UNESCO World Heritage site. On a walking tour through La Cité, explore its cobblestone streets, admire its fairy-tale turrets, and visit the Romanesque-Gothic-style Basilica of Saints Nazarius and Celsus, and the medieval Château Comtal, a former Cathar castle.

This afternoon, enjoy time on your own in storybook Carcassonne before the specially arranged cruise aboard a traditional flat-bottomed boat in the shade of picturesque plane trees, which canopy the grand, 17th-century Canal du Midi, a UNESCO World Heritage site that features unique oval locks and stone bridges. (s)

FRIDAY, SEPTEMBER 28

CORBIÈRES WINE REGION/ ABBAYE DE FONTFROIDE

Travel into the scenic, rugged Corbières Mountains to the characteristically Southern French Narbonne for a private tour of a renowned, family-owned château and wine cell. Enjoy a tasting of four regional wines—an indelible program highlight. Then tour the city’s historic center, quartier de Cité, and visit the incredibly well-preserved Cistercian Abbaye de Fontfroide, founded in 1093. Walk through the abbey’s Gothic arched chapter hall and cloisters, and stroll its rose-filled gardens with more than 3,000 rose bushes. (b,l)

SATURDAY, SEPTEMBER 29

CAUNES-MINERVOIS/ MINERVE

The renowned Minervois wine region—whose appellation produces rich red wines from the Carignan, Grenache, and Syrah grapes, and white wines including Viognier, Clairette Blanche, and Muscat—was named for the Roman goddess Minerve and is comprised of sweeping scenery, fortified medieval villages, and rolling vineyards. In Caunes-Minervois, see the Châteaux de Lastours, and visit the Benedictine abbaye, featuring a melange of architectural periods, from an eighth-century foundation to early southern-Romanesque art to 18th-century stained glass.

Continue to the medieval fortified village of Minerve, high atop a lofty gorge, overlooking the French countryside. After lunch and time on your own to explore this enchanting hillock, visit the Église Saint-Étienne, the village’s austere Romanesque church consecrated by the Bishop of Narbonne in A.D. 456, and its museum devoted to the region’s prehistoric archaeology.

Return to Floure and attend the Farewell Reception in the hotel this evening. (b,r,d)

SUNDAY, SEPTEMBER 30

FLOURE/TOULOUSE/U.S.

Following breakfast, check out of the hotel and transfer to Couiza to continue on the Post-Program Option, or transfer to Toulouse for your flight home. (s)

WHAT IS INCLUDED:

• Enrichment program of lectures and discussions by Thomas W. Simons, Jr.
• Seven nights’ stay in France’s Languedoc region with accommodations in a historic hotel and an authentic château
• Two tastings of local wines—at a family-owned estate in the village of Noailles near Cordes-sur-Ciel and at a winery amid the beautifully rugged Corbières Mountains
• Three lunches featuring regional cuisine and wine, including a C’EST BON! CULINARY TRADITIONS™ demonstration of traditional cassoulet
• Special TOWN & COUNTRY LIFE® Forum with local residents who will discuss life in southern France
• All activities, excursions, entrance fees, and meals per detailed itinerary
• Taxes and gratuities to hotel personnel, guides, and drivers
• Services of a tour manager throughout the program
• Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s)
• $200,000 emergency medical evacuation insurance
Located on the banks of the River Tarn, the charming, historically registered **Hotel Mercure Albi Bastides** is housed in a former 18th-century water mill within walking distance of Albi’s glorious red-brick Cathedral and iconic Pont Vieux (Old Bridge), the perfect home base for your exploration of the surrounding medieval towns and vineyards.

Each of the 56 guest rooms features a private bathroom, individual climate control, satellite television, and complimentary Wi-Fi. The inviting hotel restaurant serves fine regional cuisine complete with a panoramic view across the old city.

**HOTEL MERCURE ALBI BASTIDES**

**Château De Floure**

Once the site of a Romanesque monastery and, during the reign of King Henry IV, the country estate of the Toulouse Parliament’s president, today the authentic Château de Floure is tucked into the French countryside, near the fortified medieval city of Carcassonne, and offers 25 charming, individually appointed guest rooms overlooking formal French gardens.

Accommodations feature a private bathroom and individual climate control. Guests may also enjoy complimentary Wi-Fi in le salon and the full spa with hot tub, Turkish-style bath, sauna, heated pool, and fitness area. Breakfast is served every morning in the lounge, and fine local cuisine is served in the hotel restaurant.

**GROUP SIZE:**

Maximum of 38 guests

**TOUR COST PER PERSON,**

**Double Occupancy:** $4,595

**Single supplement:** $900

**Taxes are included.**

**GENERAL INFORMATION**

**TOUR COST INCLUSIONS:** Taxes; all transfers and luggage handling abroad for all participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s); all activities, excursions, entrance fees, accommodation, and meals per detailed itinerary; gratuities to hotel personnel, local guides, and drivers; tour manager throughout; $200,000 emergency medical evacuation insurance.

**TOUR COST EXCLUSIONS:** International airfare from the U.S.; baggage charges on aircraft; local departure air taxes; associated local taxes; airport facility taxes, and federal inspection fees not listed in the “Inclusions” section; transfers and baggage handling to/from airport on day(s) of arrival and/or departure if you are arriving earlier or later than and/or departing earlier or later than the scheduled group transfer(s); passport fees; visas and fees for obtaining visas; personal expenses such as laundry, telephone calls, and Internet access; accident/sickness, trip cancellation, and baggage insurance; gratuities to hotel personnel (Pre/Post-Program only); optional sightseeing excursions; meals and alcoholic beverages not listed in the “Inclusions” section; and all other services not specifically mentioned in the “Inclusions” section.

**RESERVATIONS, DEPOSITS, & FINAL PAYMENT:** To reserve a space on this program, a $1,000 deposit is required per person (plus $200 per person Pre- and/or Post-Program). Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form found in the front of this brochure. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Deposits may be made by check, payable to Harvard Alumni Association, or with a major credit card. Final payment, payable by check, is due 95 days before departure.

**CANCELLATIONS & REFUNDS:** All cancellations must be made in writing to Harvard Alumni Travels. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Pre/ Post-Program($) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $1,000 ($250 Pre/Post-Program($) per person; from 45 through 94 days prior to departure, 50% of the published full regular tariffs, from 22 through 44 days prior to departure, 75% of the published full regular tariffs; cancellations 21 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees, and administrative fees may apply.

**CHANGES IN ITINERARY AND COSTS:** The itinerary is subject to change at the discretion of Harvard Alumni Travels and the tour operator. Ship schedules, port calls, hours of arrival and departure, sightseeing events, special programs and guest lecture series are subject to change or cancellation without prior notice. Harvard Alumni Travels and the tour operator are not responsible therefore and are not required to compensate passengers under these circumstances. Deviations from the scheduled itinerary are at the expense of the individual. All prices quoted are based on prevailing fuel prices, airfare, and currency exchange rates in effect at the time of brochure printing and are subject to change. While the tour operator will do everything possible to maintain the published trip price, it may be necessary to institute a surcharge.

**INSURANCE:** We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by Harvard Alumni Travels upon confirmation.

**RESPONSIBILITY:** Certain other provisions apply regarding limitations of liability and rights of Harvard Alumni Travels and the tour operator. The statement of responsibility is available at http://alumni.harvard.edu/travel/trips/languedoc-2018. If you are not able to access the Internet, please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806.

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**CHÂTEAU DE FLOURE**

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**Single supplement:** $900

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A SAMPLING OF 2018 HAA TRIPS

LAND & RAIL

NATIONAL PARKS OF THE SOUTHWEST APR 30–MAY 10, 2018 FRAN ULMER

THE PARIS OF THOMAS JEFFERSON: A CUSTOM SEMINAR MAY 21–27, 2018 ANNETTE GORDON-REED

(HMSC) THE DESERT KINGDOMS OF KUWAIT MAY 25–JUN 6, 2018 JEFFREY QUILTER

(HMSC) MONGOLIA: LAND OF THE BLUE SKY MAY 27–JUN 8, 2018 MARK VAN BAALLEN

HIMALAYAN KINGDOMS: A JOURNEY THROUGH NEPAL & BHUTAN MAY 27–JUN 10, 2018 PETER GALBRAITH

MACHU PICCHU TO THE GALÁPAGOS JUN 4–10, 2018 HARVEY FINEBERG & MARY WILSON

(HB) CHINA & TIBET JUN 24–JUL 5, 2018 ELIZABETH SHERWOOD-RANDALL

(CAN) CANADIAN ROCKIES EXPLORER JUN 24–JUL 5, 2018 NAOMI ORESKES

PORTRAIT OF ITALY JUL 1–9, 2018 LINO PERTILE

(HMSC) INSIDE IRAN JUL 10–21, 2018 ANNETTE GORDON-REED

JOURNEY THROUGH VIETNAM JULY 8–20, 2018 PETER GALBRAITH

MYSTICAL INDIA JUL 20–AUG 1, 2018 JAMES SALZMAN

ART & ARCHITECTURE OF BERLIN: AN INSIDER’S VIEW AUG 13–19, 2018 JAMES SALZMAN

(HMSC) INSIDER’S MOROCCO AUG 14–20, 2018 CAROL SAVETZ

(HMSC) MEXICO CITY AND SAN MIGUEL DE ALLENDE: AN ART LOVER’S MEXICO SEP 17–23, 2018 JEFFREY QUILTER

(HMSC) DISCOVER ETHIOPIA OCT 13–19, 2018 JAMES SALZMAN

SIGNATURE CHILE WITH THE ATACAMA, VALPARAISO & PATAGONIA NOV 1–11, 2018 JAMES COSTA

(HMSC) EXPLORING WEST BENGAL, ASSAM & NAGALAND INCLUDING THE HORNBILL FESTIVAL NOV 25–DEC 6, 2018 DAVID HUNTER

CRUISES

JAPAN BY SEA: LAND OF THE RISING SUN ON CALEDONIAN SKY APR 15–28, 2018 JAMES SALZMAN

ALASKA’S GLACIERS AND THE INSIDE PASSAGE ON STAR LEGEND JUN 26–JUL 5, 2018 DANIEL DONOHUE

SAILING THE BALTIC’S Amber Coast on Sea Cloud II JUN 29–JUL 11, 2018 MICHAEL MCCORMICK

IN THE WAKE OF THE VIKINGS: On Sea Cloud II (COPENHAGEN TO EDINBURGH) JUL 10–21, 2018 CATHERINE McKENNA

EXPEDITION TO GREENLAND & THE ARCTIC CIRCLE ON AKADEMIK SERGEY YAVILOV AUG 1–12, 2018 JAMES MCCARTHY

RIVIERAS & ISLANDS: ROME TO BARCELONA ON LE LYRIAL SEP 26–OCT 4, 2018 ROBERT DARNTON

SAILING THE BALTIC’S Amber Coast on Sea Cloud II (COPENHAGEN TO EDINBURGH) JUL 10–21, 2018 CATHERINE McKENNA

TRADE ROUTES: BARCELONA TO LISBON ON LE LYRIAL OCT 3–11, 2018 MARY GAYLORD

ENCHANTING DOURO RIVER ON AMAVIDA APR 16–24, 2018 MICHAEL HORNBLOW

THE GREAT JOURNEY THROUGH EUROPE: THE NETHERLANDS, GERMANY, FRANCE & SWITZERLAND ON AMADEUS SILVER II & THE GLACIER EXPRESS JUN 12–22, 2018 JOHN STEWART

RIVIERAS & ISLANDS: ROME TO BARCELONA ON LE LYRIAL SEP 26–OCT 4, 2018 ROBERT DARNTON

FAMILY ADVENTURES & SPRING BREAK

GREECE FAMILY ODYSSEY: LAND OF MIGHTY CONQUESTS & MYTHICAL HEROES ON RUNNING WAVES JUN 21–30, 2018 JONATHAN WALTON

VIETNAM, CAMBODIA & LAOS: A FAMILY PROGRAM JUL 29–AUG 11, 2018 MICHAEL SZODNY

FAMILY GALÁPAGOS ISLANDS ADVENTURE & ANDEAN HIGHLANDS ON LA PINTA JUL 5–14, 2018 JANET BROWNE

FAMILY RIVER BOAT ADVENTURE ON THE ENCHANTING DOURO RIVER AUG 16–24, 2018 MICHAEL HORNBLOW

To register, fill out this form and return to Harvard Alumni Travels with your deposit of $1,000 per person, plus $200 per person Toulouse Pre-Program, plus $200 per person Cathar Country Post-Program. Please note that for some programs an additional deposit may be requested after you book.

Please return this form by mail to:
Harvard Alumni Travels
124 Mount Auburn Street, 6th Floor, Cambridge, MA 02138
Or by fax: 617-496-4011

Please call with any questions: 800-422-1636 or 617-496-0806

To I/WE WOULD LIKE TO REGISTER FOR THE POST-EXTENSION TO CATHAR COUNTRY.

I/WE WOULD LIKE TO REGISTER FOR THE PRE-EXTENSION TO TOULOUSE.

I AM NOT ABLE TO MAKE THIS TRIP, BUT PLEASE ADD ME TO YOUR MAILING LIST.

NAME AS IT APPEARS ON CARD

EXPIRATION DATE  3–DIGIT SECURITY CODE

METHOD OF DEPOSIT

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To register, fill out this form and return to Harvard Alumni Travels with your deposit of $1,000 per person, plus $200 per person Toulouse Pre-Program, plus $200 per person Cathar Country Post-Program. Please note that for some programs an additional deposit may be requested after you book.

Please return this form by mail to:
Harvard Alumni Travels
124 Mount Auburn Street, 6th Floor, Cambridge, MA 02138
Or by fax: 617-496-4011

Please call with any questions: 800-422-1636 or 617-496-0806

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I AM NOT ABLE TO MAKE THIS TRIP, BUT PLEASE ADD ME TO YOUR MAILING LIST.

NAME AS IT APPEARS ON CARD

EXPIRATION DATE  3–DIGIT SECURITY CODE

METHOD OF DEPOSIT

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