

2020

HARVARD ALUMNI TRAVELS

DISCOVER • LEARN • CONNECT • EXPLORE



JAPAN BY SEA

Land of the Rising Sun aboard the 57-cabin *Caledonian Sky*
April 14-28, 2020





Taiko drumming performance styles vary widely, with Kodo among the most well-known and respected taiko groups worldwide.

Cruise through the Inland Sea and the Sea of Japan

on a delightful springtime exploration of Japan, beginning with a deluxe hotel stay in Kyoto. This small nation of nearly 7,000 islands is wonderfully suited for exploration by small ship, and our chartered vessel, the 114-passenger *Caledonian Sky*, conveys us comfortably to a fascinating variety of tranquil historic towns, artistic centers, and remote islands.

Experience dramatic coastlines, sacred temples, celebrated gardens, and the cutting-edge art and architecture of the Miho Museum and Naoshima's Benesse Art Site. Meet and interact with a Zen Buddhist monk and the owner of a traditional geisha house, and participate in a hands-on *taiko* drum workshop with the world-famous Kodo drummers at their home base on remote Sado Island. Take part in a traditional tea ceremony, visit a pearl farm in Uwajima, and marvel at the stunning iconic beauty of Miyajima's *torii* gate. Optional extensions are also available: pre-cruise to Shikoku Island's remote Iya Valley and post-cruise to Tokyo.

Enjoy the expertise and insights from your Harvard Study leader. Additional study leaders and cultural guides will further enrich your experience.

Activity Level 3:

A LITTLE MORE TO IT This a moderately strenuous program that is at times physically demanding and busy. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In some instances, elevators are unavailable, and stairs may not have handrails. You will be required to remove your shoes while visiting temples, shrines, and a number of other sites. You will need to climb into and out of Zodiacs for two excursions ashore (there will be staff and crew members on hand to assist).

TO BOOK A TRIP, CALL 800-422-1636 OR VISIT ALUMNI.HARVARD.EDU/TRAVEL

Harvard Study Leader

As this brochure goes to print, we have not yet confirmed the faculty study leader for this program. We intend, however, that you will be joined by a Harvard lecturer who will enhance your travel experience. You will discover that our lecturers are not only first-rate scholars and teachers but also friendly traveling companions, eager to share their insights through conversations as well as in scheduled presentations.

Other Guest Lecturers



MIKAEL ADOLPHSON

is Keidanren Professor and Chair of Japanese Studies at the University of Cambridge. A pre-modernist, he was inspired

by the similarities between medieval Europe and Japan to focus his studies on pre-1600 Japan. Professor Adolphson's current interests and projects center on cultural icons, historical narratives, and agency in societal changes.



JOHN MEFFERT

is a consultant for Heritage Conservation Services with the National Trust. He has served as the director of the Preservation Society of Charleston, the oldest nonprofit organization in the United States, responsible for preserving the historic resources of Charleston, S.C. John has delighted many study tour groups with his lectures and insights on preservation, and receives rave reviews as study leader.



Trip Sampling

LAND & RAIL

Budapest & Central Europe on the Golden Eagle Danube Express
DEC 27, 2019 – JAN 5, 2020
Jeffrey Frieden

HMSC Tanzania Migration Safari
MAR 6 – 16, 2020

Colombia: From Bogotá to Cartagena
MAR 12 – 23, 2020

HBS The Natural Gems & Luxury Lodges of Patagonia
MAR 22 – APR 2, 2020
Don Pfister

Moroccan Discovery
MAY 8 – 21, 2020
Kay Shelemay

Detroit, The Motor City: Then & Now
MAY 14 – 18, 2020
Alice Delana

Village Life Dordogne
MAY 14 – 22, 2020
Susan Suleiman

HMSC Highlights of China's Silk Road
MAY 19 – JUN 2, 2020

The Holy Land: Israel & Palestine
SEP 6 – 16, 2020
Peter Machinist

HBS Incredible Bhutan
OCT 5 – 19, 2020

CRUISES

NHBS New Year's Galápagos on Origin
DEC 28 2019 – JAN 6, 2020
Daniel Lieberman

Oman and the Gulf States on Crystal Esprit
JAN 2 – 12, 2020
Erez Manela

Madagascar To Mauritius: Islands of The Indian Ocean on Serenissima
JAN 15 – 31, 2020
Peter Galbraith

New Zealand By Sea on Caledonian Sky
JAN 27 – FEB 9, 2020
Mark Van Baalen

Crossroads of Cultures: Canary Islands, Morocco & Iberia on Sea Spirit
APR 17 – 30, 2020
Susan Miller

RIVERS & LAKES

Egypt & The Nile: A Journey into Antiquity on Sanctuary Sun Boat III
DEC 26, 2019 – JAN 6, 2020
David Aguilar

Elbe River on Elbe Princesse II
MAR 31 – APR 11, 2020
Tom Kelly

Quintessential Peru: Lake Titicaca, Machu Picchu & Upper Amazon on Delfin II
SEP 7 – 18, 2020
Werner Sollors

FAMILY ADVENTURES

Tanzania Family Safari
DEC 22, 2019 – JAN 3, 2020

New Year's in Havana: A Family Program in Cuba
DEC 27, 2019 – JAN 1, 2020
Gabriela Soto Laveaga

Egypt & The Nile (A Family Adventure) on Sanctuary Nile Adventurer
DEC 27, 2019 – JAN 6, 2020
Noel Michele Holbrook

Greece Family Odyssey: The Peloponnese on Running On Waves
JUN 18 – 27, 2020
James Simpson

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HARVARD
Alumni Travels



H | B | S

ALUMNI TRAVEL

HMSC
HARVARD MUSEUMS OF
SCIENCE & CULTURE



Marvel at the charm, talents, and dedication of apprentice geishas; the glass, steel, and limestone Miho Museum, which architect I.M. Pei called Shangri-La.

Schedule by Day

TUESDAY & WEDNESDAY,
APRIL 14 & 15

U.S. / Kyoto, Japan

Depart the U.S. on an overnight flight to Osaka, arriving on April 15. Transfer to Kyoto and check in to the Kyoto Hotel Okura. An optional afternoon tour is available at additional cost of \$70 per person, with visits to Sanjusangendo temple, featuring 1,001 gilded wooden statues of Kannon, the goddess of mercy, and Fushimi Inari, a Shinto shrine with tunnel-like paths formed by a seemingly unending line of vibrant orange *torii* gates. An early evening walk is also offered, at no additional cost, through the historic Pontocho and Gion districts.
Kyoto Hotel Okura

THURSDAY, APRIL 16

Kyoto

Explore the lovely gardens and learn about Zen Buddhism at Tenryu temple, then stroll through the adjacent Sagano Bamboo Grove, with its atmospherically dense stands of tall green bamboo offering wonderful photographic opportunities. This evening, enjoy a private presentation by a former geisha and *maiko* (apprentice geisha) and a festive welcome reception and dinner.
Kyoto Hotel Okura (B,L,R,D)

FRIDAY, APRIL 17

Kyoto & Shiga

Venture this morning to the Miho Museum, built into a mountain slope in Shiga prefecture and considered one of the master achievements of architect I.M. Pei, with innovative skylights and windows creating a shifting pattern of light and shadow. Return to Kyoto for an afternoon visit to the UNESCO World Heritage–designated Kinkaku-ji (Temple of the Golden Pavilion), whose shimmering central pavilion is covered in bright gold leaf. The evening is at leisure, with organized dinner options available at additional cost.
Kyoto Hotel Okura (B,L)

SATURDAY, APRIL 18

Kyoto / Nara / Kobe (Embark)

Historic and beautiful Nara was the capital of Japan for only 74 years (710-784), but during that time Buddhism became firmly established within Japan and some of the country's most magnificent temples and works of art were created. Visit UNESCO World Heritage–designated Todai-ji, famous for its Daibutsu—a monolithic seated bronze statue of the Great Buddha. Also explore the priceless collection of Buddhist sculptures at the Nara National Museum before continuing to Kobe to embark the *Caledonian Sky*. *Caledonian Sky* (B,L,D)

SUNDAY, APRIL 19

Naoshima

Disembark in Uno Ko and take a ferry to Naoshima, an island that has become a mecca for bringing contemporary art and architecture in harmony with the pristine nature of the Seto Inland Sea, a landscape with a rich cultural and historical fabric. Explore the world-class Chichu Art Museum and Benesse House Museum, both designed by Tadao Ando.
Caledonian Sky (B,L,D)

MONDAY, APRIL 20

Miyajima

Anchor offshore of Miyajima Island this morning and board Zodiacs to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion torii (gateway) that appears to float on the sea at high tide, and enjoy free time for hikes, visits to tiny temples, and strolling the picturesque streets of the town.
Caledonian Sky (B,L,D)

TUESDAY, APRIL 21

Uwajima & Rural Shikoku

Call at Uwajima on Shikoku Island for a chance to experience some of Japan's rural countryside, with fishing hamlets and farm villages nestled along rugged coastlines. Visit Uchiko, a beautifully preserved merchant town that evokes Japan's traditional past; step inside a full-scale kabuki theater; and visit a farm where pearls are cultivated.
Caledonian Sky (B,L,D)



WEDNESDAY, APRIL 22

Hagi

Explore Japan's medieval heritage at Hagi, with its well-preserved samurai and merchant quarters and a ceramics tradition nearly 400 years old. Stop at the kiln of a master artisan to learn how the highly acclaimed *Hagi-yaki* is made. Walk the grounds of Toko-ji, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Cruise overnight across the Korea Strait. *Caledonian Sky* (B,L,D)

THURSDAY, APRIL 23

Ulsan, South Korea

From the South Korean port of Ulsan, drive inland to the UNESCO World Heritage city of Gyeongju, ancient capital of the Silla kingdom, which ruled for 1,000 years. Visit Bulguksa, one of the most beautiful Buddhist temples in South Korea, with intricate paintings inside and out and two original 6th-century pagodas. After a lunch of Korean specialties and a performance of Korean folkloric music, explore the royal tombs in Tumuli Park and the Gyeongju National Museum, largely devoted to Silla artifacts. *Caledonian Sky* (B,L,D)

FRIDAY, APRIL 24

Matsue, Japan

After a morning of cruising, call at Sakai port for lunch and an exploration of charming Matsue, with the option to visit one of the few surviving castles in Japan, built in 1611, or stroll through Matsue's historic samurai quarter, with a visit to the Lafcadio Hearn Museum to learn

about this beloved 19th-century author who lived in the city and assumed the Japanese name of Yakumo Kaizumi after his naturalization. Drive through lush countryside to visit the Adachi Museum of Art, with a collection of contemporary Japanese works set in exquisite, highly manicured traditional gardens. *Caledonian Sky* (B,L,D)

SATURDAY, APRIL 25

Oki Islands

This morning anchor offshore of the remote and tranquil Oki Islands, and take Zodiacs ashore for views of the coastal scenery with its majestic cliffs, sea coves, and rock formations, followed by hikes of varying levels to take in the ancient Japanese cedars, grasslands, and mountain views of the Daisen-Oki National Park, a UNESCO site. *Caledonian Sky* (B,L,D)

SUNDAY, APRIL 26

Kanazawa

Call at the refined artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Enjoy a tea ceremony at a classic teahouse, and time at leisure to explore Kanazawa's historic neighborhoods as well as artisan shops and museums dedicated to the city's renowned cultural pursuits, including silk dyeing, ceramics, and the production of gold leaf and lacquerware. *Caledonian Sky* (B,L,D)

MONDAY, APRIL 27

Sado Island

Call this morning at remote Sado Island, home base for the

taiko drumming group Kodo ("heartbeat"). Attend a hands-on drumming workshop, a short performance by several of the resident drummers, and a guest lecture on this ancient art form. Also take a guided walking tour through the picturesque fishing village of Shukunegi, where more than one hundred traditional Edo-period houses line the narrow streets. Return to the ship and gather for a farewell reception and dinner on board. *Caledonian Sky* (B,L,R,D)

TUESDAY, APRIL 28

Niigata / Disembark / Return to U.S.

Arrive this morning in Niigata. Disembark and transfer to the Niigata Airport for flights home (arriving the same day), or join the optional post-tour extension to Tokyo. (B)

Optional Extensions

APRIL 11-15, 2020

Shikoku Island's Iya Valley

After an initial night near Osaka's Kansai Airport, travel to Shikoku, the smallest of Japan's main islands. Enjoy a two-night stay in a traditional Japanese inn, or ryokan, in the remote Iya Valley, where vine suspension bridges, thatched-roof farmhouses, and village traditions date back to the Edo period and hot spring baths offer a welcome chance to recharge.

APRIL 28-MAY 1, 2020

Tokyo

Three-night post-trip extension to Tokyo. After disembarkation in Niigata, travel by bullet train to Tokyo and experience the city's contrasts as you discover celebrated museums, temples and historic neighborhoods. Sample the local cuisine and marvel at one of the world's largest fish markets.

Additional details and pricing for the optional extensions will be sent to confirmed participants.

Caledonian Sky

The *Caledonian Sky* is a 114-passenger premier expedition ship refurbished in 2018. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, mini-bar, individually controlled heat/air-conditioning, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship's amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser, laundry service, and gift shop. An elevator services all passenger cabin decks. The *Caledonian Sky's* chefs prepare quality international meals, predominantly Western-style, served in a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers, and a fleet of Zodiac landing craft.



Program Rates, per person

| CATEGORY/DECK | DOUBLE | SINGLE |
|---------------|-----------------|--------|
| A | \$10,995 | --- |

CASTLE DECK 244 sq. ft. with two portholes, shower

| | | |
|----------|-----------------|-----------------|
| B | \$12,495 | \$18,795 |
|----------|-----------------|-----------------|

CASTLE DECK 244 sq. ft., with two, three, or four portholes, shower

| | | |
|----------|-----------------|-----------------|
| C | \$13,995 | \$20,995 |
|----------|-----------------|-----------------|

CALEDONIAN DECK 232 sq. ft. with large window, bathtub, shower (except 329, 330, and 331, shower only)

| | | |
|----------|-----------------|-----|
| D | \$14,495 | --- |
|----------|-----------------|-----|

PROMENADE DECK 217 sq. ft. with large window, shower (except 431 and 432, with bathtub, shower)

| CATEGORY/DECK | DOUBLE | SINGLE |
|---------------|-----------------|--------|
| E | \$14,995 | --- |

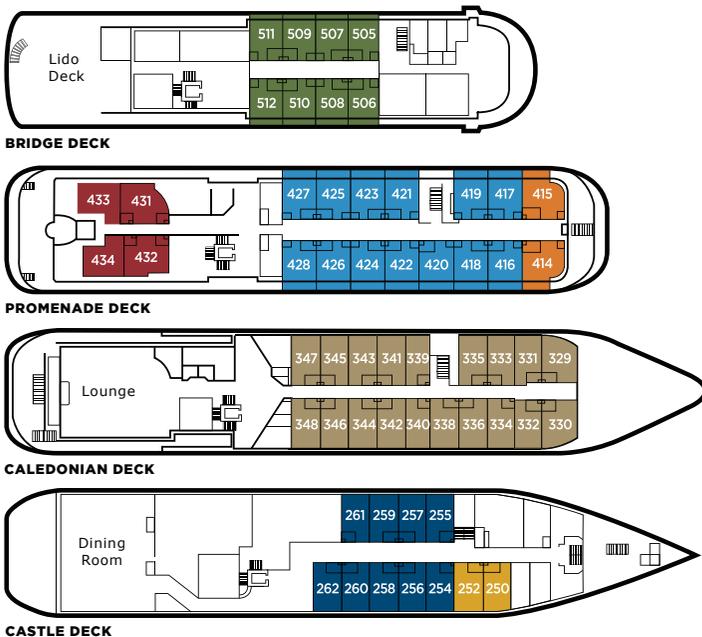
BRIDGE DECK 215 sq. ft. plus 45 sq. ft. private balcony, sliding glass doors, walk-in wardrobe, bathtub, shower

| | | |
|----------|-----------------|-----|
| F | \$15,995 | --- |
|----------|-----------------|-----|

PROMENADE DECK 217 sq. ft. plus 60 sq. ft., private balcony, sliding glass door,

| | | |
|----------|-----------------|-----|
| G | \$16,995 | --- |
|----------|-----------------|-----|

PROMENADE DECK 243 sq. ft. plus 60 sq. ft. private balcony, sliding glass door, two portholes, walk-in wardrobe, shower



AIR ARRANGEMENTS

Valerie Wilson Travel, Inc., can help with

airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice. PLEASE NOTE: U.S. domestic and international airfare is not included in the program rates. Round-trip economy-class airfare from New York to Osaka, Japan, with return from Niigata, is approximately \$2,160 per person as of May 2019 and is subject to change without notice.

Terms & Conditions

TOUR COST INCLUSIONS

All accommodations, meals, and excursions as specified in the itinerary • Comprehensive program of briefings, lectures and presentations • Arrival transfers by shared shuttle van and departure transfers by motor coach • Baggage handling • Gratuities to porters, waitstaff, guides, drivers, and shipboard personnel • Port charges • Entrance fees • Welcome wine reception in Kyoto and farewell cocktail reception on board • House wine, beer, and soft drinks with welcome dinner and with all lunches and dinners on board the *Caledonian Sky* • Bottled water on motor coaches • Professional tour manager • \$200,000 Emergency Medical Evacuation Insurance

TOUR COST EXCLUSIONS

U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Private airport transfers • Travel insurance • Optional excursions or deviations from the scheduled tour • Excess baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted • Laundry or dry cleaning • Telephone, fax, Internet and email charges • Room service • Other items of a personal nature

GROUP SIZE This program is limited to 94 participants, including travelers from Harvard, Vanderbilt, the Santa Barbara Museum of Art, the National Trust for Historic Preservation, and the Archaeological Institute of America.

RESERVATIONS, DEPOSITS, & FINAL PAYMENT

A deposit of \$1,000 per person is required to reserve space on this program. Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form found in this brochure. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Final payment deadline is December 16, 2019, 120 days prior to departure.

CANCELLATIONS &

REFUNDS Notification of cancellation must be received in writing by Harvard Alumni Travels from the participant. Cancellations within 14 days of booking: full refund;

cancellations received up to 120 days prior to departure will be assessed a cancellation fee of \$1,000 per person. Cancellations received within 120 days prior to departure are subject to 100% penalty of all deposits and payments. Note: Neither Harvard Alumni Travel nor Criterion Travel, the tour operator, accepts liability for any airline cancellation penalties incurred with the purchase of nonrefundable tickets.

ITINERARY CHANGES

The itinerary contained in this brochure is accurate at the time of printing. We reserve the right to change the program or accommodations as conditions warrant.

INSURANCE We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by Harvard Alumni Travels upon confirmation.

RESPONSIBILITY Other provisions apply regarding limitations of liability and rights of Harvard Alumni Travels and the tour operator. The statement of responsibility is available at <http://alumni.harvard.edu/travel/trips/japan-2020>. If you are not able to access the internet, please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806.

DISCLAIMER Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither Harvard Alumni Travels nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

QUESTIONS Please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806, email: haatravels@harvard.edu.

California Seller of Travel Program CST #2088800-40



Registration Form

To register, fill out this form and return to Harvard Alumni Travels with your deposit of \$1,000 per person.

Please return this form by mail to:

Harvard Alumni Travels
124 Mount Auburn Street, 6th Floor, Cambridge, MA 02138
Or by FAX: 617-496-4011

Please call with any questions:

800-422-1636 or 617-496-0806

How did you hear about this trip?

| | |
|--------------|------------|
| PROGRAM NAME | START DATE |
|--------------|------------|

| | |
|-------------------------------|---------------|
| FIRST PERSON NAME ON PASSPORT | DATE OF BIRTH |
|-------------------------------|---------------|

EMAIL ADDRESS

STREET ADDRESS

CITY / STATE / ZIP OR POSTAL CODE

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|----------------|----------------|
| HOME TELEPHONE | WORK TELEPHONE |
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|--------------------------------|---------------|
| SECOND PERSON NAME ON PASSPORT | DATE OF BIRTH |
|--------------------------------|---------------|

EMAIL ADDRESS

STREET ADDRESS

CITY / STATE / ZIP OR POSTAL CODE

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| HOME TELEPHONE | WORK TELEPHONE |
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METHOD OF DEPOSIT

CHECK (please enclose check) MASTERCARD VISA

CARD NUMBER

EXPIRATION DATE CVV SECURITY CODE

NAME AS IT APPEARS ON CARD

I/WE CONFIRM THAT I/WE HAVE READ AND ACCEPT THE GENERAL INFORMATION FOR THIS TOUR, INCLUDING REFUNDS AND CANCELLATIONS AND THE RESPONSIBILITY CLAUSE AT ALUMNI.HARVARD.EDU/TRAVEL.

SIGNATURE

SIGNATURE

ACCOMMODATIONS

CATEGORY PREFERENCE

DOUBLE ROOM SINGLE ROOM SHARE A ROOM WITH:

ROOMMATE

TRAVEL WITH HARVARD

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