UNDISCOVERED MUSEUMS, TROPICAL RAIN FORESTS, EXQUISITE BEACHES, AND THE MAN-MADE MARVEL OF THE PANAMA CANAL await you on this wintertime escape aboard Sea Cloud II. Discover colonial architecture and contemporary art in Panama City, then travel through the immense locks and artificial lakes of the famous canal. Sail the rugged Pacific coast to national parks accessible only by boat. On Isla de Coiba, home to Panama's largest marine preserve, swim or snorkel at a pristine white-sand beach. Continue across breathtaking Drake Bay, where humpback whales can be spotted, to stunning Corcovado National Park on Costa Rica's Osa Peninsula for a guided nature walk. During a day at sea, watch the crew trim the sails as you cruise to San Juan del Sur, Nicaragua, with its mix of Victorian and Spanish Colonial influences. In Costa Rica, swim at Playa del Coco on the Nicoya Peninsula; look out for colorful quetzals at El Silencio de Los Angeles Cloud Forest Reserve; and spend a night in cosmopolitan San José.
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HIGHLIGHTS

• Educational program with lectures by scholars and naturalist guides
• An architectural tour of Panama City’s UNESCO-listed historic district and a visit to the Frank Gehry-designed Museum of Biodiversity
• Daytime transit of the Panama Canal, one of the Seven Wonders of the Modern World
• A ten-day cruise aboard the elegant sailing yacht Sea Cloud II
• Visits to Coiba National Park, the largest marine reserve in Panama, and Costa Rica’s Corcovado National Park, home to quetzals, red-eyed tree frogs, and tapirs
• A stop at the coastal town of San Juan del Sur, Nicaragua, and nearby Granada, the oldest inhabited city in continental Latin America
• Exquisite hidden beaches and clear blue waters
Swim or snorkel from the pristine beach at Granita del Oro, with its calm waters and array of coral and fish. B,L,D

Friday, February 24
AT SEA / CASA ORQUIDEAS, COSTA RICA
Cruise the Golfo Dulce, on Costa Rica’s southern Pacific Coast, an area known for its secluded beaches and amazing wildlife. Travel by Zodiac to nearby Casa Orquideas. Founded nearly 30 years ago by American expats, this beautiful private garden has carefully landscaped paths blooming with bromeliads, ornamental trees, ginger plants, and fruit trees. Visitors often spot colorful toucans, scarlet macaws, and hummingbirds. B,L,D

Saturday, February 25
DRAKE BAY / CORCOVADO NATIONAL PARK, COSTA RICA
This morning explore incredible Corcovado National Park, home to scarlet macaws, quetzals, red-eyed tree frogs, and tapirs. *National Geographic* has called Corcovado “the most biologically intense place on earth in terms of biodiversity.” Naturalist guides will lead you on a walk through the park to see some of the 13 major ecosystems, including mangrove, lagoon, and primary lowland rain forest. B,L,D
Sunday, February 26

**DRAKE BAY / SIERPE DE OSA, COSTA RICA**
Enjoy a boat tour through the channels of the Manglares de Térraba-Sierpe, one of the largest mangrove systems of Central America. A hidden world accessible only by water, these flooded forests are home to nearly 100 species of birds, including the endemic mangrove hummingbird (found nowhere else on earth). Lunch is on deck as *Sea Cloud II* sails along Costa Rica’s remote and picturesque southwest coast. B,L,D

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Monday, February 27

**AT SEA**
Savor a full day at sea and attend informative talks by your lecturers as you cruise to Nicaragua. B,L,D

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Tuesday, February 28

**SAN JUAN DEL SUR / GRANADA, NICARAGUA**
Step ashore in San Juan del Sur, Nicaragua, with its Victorian houses and colossal statue of Christ on a neighboring hillside. Travel to nearby Granada, founded by Spanish explorer Francisco Hernández de Córdoba in 1524. On a walking tour, see this colonial gem’s 17th-century adobe houses, crumbling courtyard gardens, and Italianate villas. Also visit Convento y Museo San Francisco, which is the oldest church in Central America, and historic Iglesia de La Merced. During a free afternoon in San Juan del Sur, you may wish to stroll in the quaint town or take a swim at one of the nearby beaches. B,L,D

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Wednesday, March 1

**PLAYA DEL COCO, COSTA RICA**
Arrive at Playa del Coco on Costa Rica’s Nicoya Peninsula. The morning is at leisure to swim or snorkel from the beach before *Sea Cloud II* sails in the early afternoon. This evening toast a memorable voyage at the captain’s farewell dinner. B,L,D

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Thursday, March 2

**PUNTARENAS / SAN JOSE, COSTA RICA**
Disembark this morning and drive to San Ramón to visit the El Silencio de Los Angeles Cloud Forest Reserve. Discover some of the 2,500 species of plants, including 400 varieties of orchids. You might also spot exotic wildlife such as the quetzal, two-toed sloth, and motmot bird. Following lunch at the reserve, continue to San José and check in at the J. W. Marriott. Enjoy a festive dinner at the hotel. B,L,D

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Friday, March 3

**SAN JOSE / U.S.**
Depart on flights to the U.S. B

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**OPTIONAL CRUISE PRELUDE**
For two exciting and distinct back-to-back cruises, pair this program with *Sea Cloud II*’s “With the Trade Winds” voyage, sailing the southern Caribbean from February 13 to 21

**WITH THE TRADE WINDS**
**CURACAO TO COLON**
**ABOARD SEA CLOUD II**
**February 13–21, 2017**

Please call for details
TOUR COST INCLUSIONS  Ten nights cabin accommodations aboard Sea Cloud II; one night hotel accommodations in Costa Rica; all meals during the cruise; (B=Breakfast, L=Lunch, D=Dinner) wine with lunches and dinners; complimentary open bar throughout the cruise; in addition to soft drinks, water, and coffee. Escorted sightseeing by motorcoach; entrance fees for included visits; airport / pier / hotel group transfers and porterage; customary shipboard gratuities; taxes; service charges; gratuities to guides and drivers; $200,000 emergency medical assistance and evacuation insurance.

TOUR COST EXCLUSIONS  International airfare; passport fees; meals not specified; personal items and expenses; airport transfers for those not on group flights; excess baggage; trip insurance; any other items not specifically mentioned as included.

RESERVATIONS, DEPOSITS & FINAL PAYMENT  To reserve your space on this program, a $1,000 deposit is required per person. Please call us at 800-422-1636 or 617-496-0806, or fill out and mail or fax the registration form. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Your final payment is due 120 days before departure.

CANCELLATIONS & REFUNDS  All cancellations must be made in writing to HAA Travels and are subject to a $350 nonrefundable administrative fee. Cancellations received between 120 and 91 days prior to departure will be charged a fee in the amount of 20 percent of the program cost per person; those received between 90 and 61 days before departure, 50 percent; no refunds will be given for cancellations received within 60 days of departure. No refunds are given for cancellation on or after the day of departure, or for unused portions of the tour, for any reason.

SEA CLOUD II AMENITIES  Five-star dining; gracious lounge and Lido Bar; mahogany-paneled library; gym; water-sports platform; air conditioning (individual cabin settings); marble bath; direct-dial telephone; safe; TV; radio; 220V current; bathrobes.

LAND / CRUISE RATES  Per person, double occupancy

<table>
<thead>
<tr>
<th>Cabin</th>
<th>Rate</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>204 to 206*</td>
<td>$8,995</td>
<td>Cabin Deck. State Rooms. Twin berths, shower.</td>
</tr>
<tr>
<td>207 to 210</td>
<td>$9,995</td>
<td>Cabin Deck. Superior Cabins. Twin beds, shower.</td>
</tr>
<tr>
<td>401 &amp; 402</td>
<td>$14,995</td>
<td>Lido Deck. Owner’s Suites. Queen-size bed, bathtub, and separate shower.</td>
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</tbody>
</table>

* Cabins 204-206 are available for single use at no single supplement. Additional singles will be calculated at a supplement of 25% to 100% of the cruise rate.

HEALTH ADVISORY  This is an active program that involves extensive walking. Any condition that may require assistance or special medical attention must be reported at the time of your reservation. Please note: Sea Cloud II does not have an elevator.

CHANGES IN ITINERARY & COSTS  The itinerary is subject to change at the discretion of HAA Travels and the tour operator. Deviations from the scheduled itinerary are at the expense of the individual. All prices quoted are based on prevailing fuel prices, airfare, and currency exchange rates in effect at the time of brochure printing and are subject to change. While the tour operator will do everything possible to maintain the published trip price, it may be necessary to institute a surcharge.

INSURANCE  We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by HAA Travels upon confirmation.

RESPONSIBILITY  Certain other provisions apply regarding limitations of liability and rights of HAA Travels and the tour operator. The statement of responsibility is available at http://alumni.harvard.edu/travel/trips/panama-2017. If you are not able to access the Internet, please call HAA Travels at 800-422-1636 or 617-496-0806.

DISCLAIMER  Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither HAA Travels nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

QUESTIONS  Please call HAA Travels at 800-422-1636 or 617-496-0806, email: haa@harvard.edu.

CST 2059789-40
For detailed itineraries, visit schedule by day.

Foundation.                             B,L,D

from Panama's Danilo Pérez

Latin jazz concert by talented

sail in the early evening.             D

the early afternoon in Panama

Colon, Panama

Monday, February 20

sails by hand as you sail to Isla

Bridge of Life Museum,

Viejo

Panama City, Panama

Tuesday, February 21

Panama Canal (left) and torch ginger (right)

blast from February 13 to 21

program with

San Jose / U.S.

to change at the discretion of HAA Travels and the tour

This is an active program that involves

cancellation insurance.   An application for insurance will be

the information contained herein.  Information contained

in the event of force majeure.   A signature is required

I'm not able to take this trip, but please add me
to your mailing list.

To reserve

transfers for those not on group flights; excess baggage;

Penthouse Suite

$17,995

Twin beds, shower.

Lido Bar

Oceanview Suite.

$16,995

Twin beds, shower.

Gym

Deluxe Suite.

$15,995

Twin beds, shower.

Lido Deck.  Owner's Suites.

$11,995

Twin beds, shower.

Promenade Deck.  Deluxe

$10,995

Twin beds, shower.

Cabin Deck.

$8,995

Twin beds, shower.

Sea Cloud II
HARVARD Alumni Association

FOR DETAILED ITINERARIES, VISIT ALUMNI.HARVARD.EDU/TRAVEL
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SAILING THE PANAMA CANAL
COLON TO PUNTARENAS ABOARD SEA CLOUD II
WITH HARVEY V. FINEBERG MD, PHD & MARY ELIZABETH WILSON MD
ADJUNCT PROFESSOR OF GLOBAL HEALTH AND POPULATION
February 20-March 3, 2017

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