

2019

HARVARD ALUMNI TRAVELS

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A FAMILY ADVENTURE:

Egypt & the Nile Aboard *Sanctuary Nile Adventurer*

December 27, 2019–January 5, 2020

with Noel Michele Holbrook

Charles Bullard Professor of Forestry in the
Department of Organismic and Evolutionary Biology





Tomb of Tutankhamun, Luxor (above). Front cover image: the Great Pyramids, Giza. Back cover image: The Sphinx, Giza.

- See the legendary Pyramids illuminated at night during a sound and light show (optional)
- Participate in an arts and crafts workshop in Giza, plus enjoy children's craft projects on board *Sanctuary Nile Adventurer*
- Attend an after-dinner stargazing and storytelling session on the ship's deck
- Step ashore in Edfu to travel by horse and cart to the Temple of Horus
- Learn how to bake Egyptian-style bread during a cooking class
- Savor a buffet of Egyptian specialties, and dress up in traditional clothing for a festive night of music and dancing
- Choose between a sail on a Nile *felucca* (traditional sailboat) and a Nubian henna hand-painting session.
- Take a special tour of the Museum of Egyptian Antiquities, during which young travelers will search for the animals, games, and sports represented in the collection

Activity Level 3:

WHAT TO EXPECT

This moderately active program includes multiple hotel changes, plus internal flights and/or long drives. Some days are heavily scheduled so that you can see as many of Egypt's ancient wonders as possible. Travelers should be in good health and fit enough to navigate stairs and walk along uneven terrain. The temperatures during your stay in Egypt should range from the mid-40s to low 70s °F. Egypt is a conservative country, especially in terms of dress, focusing on modest Western-style clothing.

TO BOOK A TRIP, CALL 800-422-1636 OR VISIT ALUMNI.HARVARD.EDU/TRAVEL

Study Leader



Noel Michele ("Missy") Holbrook is the Charles Bullard Professor of Forestry in the Department of Organismic and Evolutionary Biology at Harvard, where she teaches courses in introductory plant biology, as well as freshman and graduate seminars on plant physiology in relation to world food systems and climate change. Her research focuses on the physiology of plants. Intrigued by unusual and distinctive plants, her work has taken her around the globe to study strangler fig trees in the *llanos* (plains) of South America, salt-secreting shrubs in the Atacama Desert, baobabs in Madagascar, and mangrove forests in Malaysia. On this program, Missy plans to discuss the role the Nile River in the rise and fall of civilizations, geography's effect on the region of the Nile and its economy, sustainability, water management, erosion, dams, and conservation.



Sanctuary Nile Adventurer Sun Deck



Sanctuary Nile Adventurer pool (left) and Solar Boat Museum, Giza, photo by Nina Hale (right)

Schedule by Day

B=Breakfast, L=Lunch,
R=Reception, D=Dinner

FRIDAY, DECEMBER 27

Departure

Depart on an overnight flight to Cairo.

SATURDAY, DECEMBER 28

Cairo, Egypt

Arrive in Cairo this afternoon and transfer to the Conrad Cairo Hotel. Gather this evening for a welcome reception with introductory remarks by your lecturer. R

SUNDAY, DECEMBER 29

Giza

See the site of the remarkable Step Pyramid of King Zoser, built in the 27th century B.C., at nearby Sakkara. Following a buffet lunch, the balance of the day is free. You may wish to relax by the swimming pool, or join an optional visit to an arts and crafts workshop for all ages. Attend a lecture in the evening before dinner. B,L,D

MONDAY, DECEMBER 30

Giza

This morning tour the legendary Great Pyramids, one of the Seven Wonders of the Ancient World. Those who wish to will have the chance to see the inside of one of the pyramids. Explore the Solar Boat Museum, housing the exceptionally preserved cedar boat found near the Pyramid of Khufu, then enjoy special access

to the Sphinx. In the afternoon, camel rides will be arranged. Dinner and the evening are at leisure. You may want to attend a sound and light show to see the pyramids illuminated at night. B,L

TUESDAY, DECEMBER 31

Luxor / Embark Sanctuary Nile Adventurer

Following a privately chartered early morning flight to Luxor, embark *Sanctuary Nile Adventurer* and have lunch aboard this elegant riverboat. In the afternoon, discover the outstanding collection at the Luxor Museum or participate in a treasure hunt at the bazaar. Continue to Luxor Temple, remarkable for its size and exceptional state of preservation. Tonight, ring in the New Year with a festive celebration onboard. B,L,D

WEDNESDAY, JANUARY 1

Luxor

Spend the morning exploring the treasures of the West Bank, site of the vast necropolis of ancient Thebes. View the famed Colossi of Memnon, the tomb of Tutankhamun in the Valley of the Kings, and the temple of Queen Hatshepsut at Deir el-Bahari. Return to the ship for lunch as you cruise the Nile. In the afternoon, you may wish to attend a hieroglyphics lesson. Enjoy a stargazing and storytelling session on deck after dinner. B,L,D

THURSDAY, JANUARY 2

Edfu / Kom Ombo

Step ashore this morning in Edfu to travel by horse and cart to the exceptionally well-preserved Temple of Horus, whose reliefs still retain some of their original colors. Lunch is



Luxor Temple, photo by Alex Saberi



Kom Ombo temple, Edfu, photo by S.J. Pinkney

on board while you cruise along the Nile. Guests of all ages can learn how to bake Egyptian-style bread during a cooking class. In the late afternoon, visit Kom Ombo's picturesque Ptolemaic temple, dedicated to the crocodile god Sobek and decorated with a series of beautiful reliefs. Tonight savor a buffet of Egyptian specialties, and dress up in traditional clothing for a festive night of music and dancing. B,L,D

FRIDAY, JANUARY 3

Aswan

Options this morning include a lecture and children's craft project before lunch on board. In the early afternoon, arrive in Aswan and take local boats to visit the exquisite Philae Temple, relocated due to the rising flood waters of the Nile. Afterwards, choose between a sail on a Nile *felucca* (traditional sailboat) and a Nubian henna hand-painting session. This evening the captain hosts a farewell dinner. B,L,D

SATURDAY, JANUARY 4

Sanctuary Nile Adventurer / Aswan / Cairo

After disembarking *Sanctuary Nile Adventurer*, cross the High Dam on the way to the airport for the return flight to Cairo. Transfer to the Heliopolis Towers Hotel for lunch and check-in. In the afternoon, visit the Museum of Egyptian Antiquities, housing the world's greatest collection of ancient treasures. For younger participants, a special tour will focus on the animals, games, and sports represented in the collection. Gather for your final dinner tonight to toast an enlivening journey. B,L,D

SUNDAY, JANUARY 5

Cairo / Return

Depart Cairo on return flights home. B



Feluccas on the Nile (top) and Cairo (above)

Accommodations

CONRAD CAIRO

The Conrad Cairo offers spectacular Nile views from every room. Enjoy easy access to the city center as well as legendary attractions such as the Sphinx and Giza pyramids. The hotel features a heated outdoor pool, sauna and massage treatments, and six bars and restaurants.

HELIOPOLIS TOWERS HOTEL

The Heliopolis Towers Hotel is a short drive from the airport, city center, and business district. The hotel has 15 restaurants and bars with cuisines from all over the world; Lebanese, Thai, Indian, Mexican, French, and Mediterranean are just a few.



Conrad Cairo (top), and Heliopolis Towers Hotel (above)

Rates Per Person

CATEGORY/DECK	DOUBLE	SINGLE
106-111 Nile Deck / Standard Cabin	\$8,499	\$9,999
201-208 Main Deck / Standard Cabin	\$8,999	Inquire
301-310 Bridge Deck / Standard Cabin	\$9,499	Inquire
401-404 Promenade Deck / Standard Cabin	\$9,999	Inquire
209 & 210 Main Deck / Deluxe Cabin	\$10,999	Inquire
405 & 406 Promenade Deck / Presidential Suite	\$11,499	Inquire

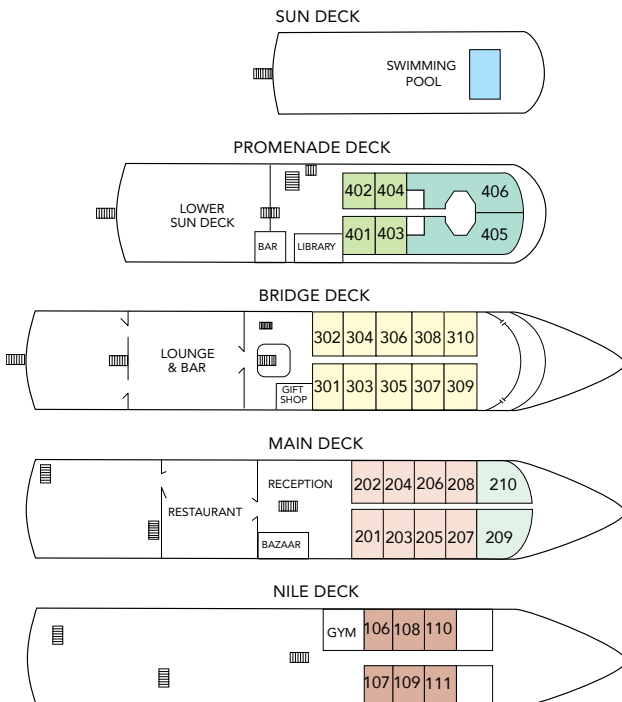
* A \$1,500 discount applies for children ages 15 and under for triple occupancy in select cabins: Staterooms on Nile Deck, Deluxe Cabins on Main Deck, and Presidential Suites on Promenade Deck.

Ship Details

With a sleek contemporary design and only 32 cabins, *Sanctuary Nile Adventurer* offers a mix of intimacy and luxury. This elegant riverboat features a sun deck with swimming pool and private cabanas, and a shaded deck with an outdoor bar. All cabins offer Nile River views.



Sanctuary Nile Adventurer



Sanctuary Nile Adventurer lounge (top); Suite (center); Sun Deck (above)

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Terms & Conditions

TOUR COST INCLUSIONS

Eight nights accommodations as per itinerary; meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner); bottled water and coffee/tea with all meals; house wine and beer with most dinners; airport/hotel/airport group transfers for all participants on suggested flights; privately chartered internal flights from Cairo to Luxor and from Aswan to Cairo; enrichment program of lectures and special events; escorted sightseeing by private motorcoach; entrance fees for included visits; customary shipboard gratuities; taxes, service, and portage charges; gratuities to local guides and drivers; \$200,000 emergency medical evacuation insurance (to nearest hospital).

NOT INCLUDED IN COST

International airfare; passport/visa fees; meals not specified; alcoholic beverages other than as noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; baggage in excess of one suitcase; trip insurance; any other items not specifically mentioned as included.

RESERVATIONS, DEPOSITS & FINAL PAYMENT

To reserve your space on this program, a \$1,000 deposit per person is required. Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Your final payment is due 120 days before departure.

AIRFARE Arrangements Abroad will be pleased to assist with air travel arrangements for this program, including suggested flights or individual requests for a processing fee of \$40 per person. Complete details will be provided in your welcome packet.

CANCELLATIONS & REFUNDS

All cancellations must be made in writing to Harvard Alumni Travels and are subject to a \$500 nonrefundable administrative fee. Cancellations received

between 120 and 91 days prior to departure will be charged a fee in the amount of 20 percent of the program cost per person; those received between 90 and 61 days before departure, 50 percent; no refunds will be given for cancellations received within 60 days of departure. No refunds are given for cancellation on or after the day of departure, or for unused portions of the tour, for any reason.

CHANGES IN ITINERARY & COSTS

The itinerary is subject to change at the discretion of Harvard Alumni Travels and the tour operator. Deviations from the scheduled itinerary are at the expense of the individual. All prices quoted are based on prevailing fuel prices, airfare, and currency exchange rates in effect at the time of brochure printing and are subject to change. While the tour operator will do everything possible to maintain the published trip price, it may be necessary to institute a surcharge.

INSURANCE We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by Harvard Alumni Travels upon confirmation.

RESPONSIBILITY Certain other provisions apply regarding limitations of liability and rights of Harvard Alumni Travels and the tour operator. The statement of responsibility is available at <https://alumni.harvard.edu/travel/trips/egypt-family-2019>. If you are not able to access the Internet, please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806.

DISCLAIMER Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither Harvard Alumni Travels nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

QUESTIONS Please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806, email: haatravels@harvard.edu.

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Registration Form

To register, please fill out this form and return it to Harvard Alumni Travels with your deposit of \$1,000 per person (of which \$500 is non-refundable).

Please return this form by mail to:

Harvard Alumni Travels
124 Mount Auburn Street, 6th Floor, Cambridge, MA 02138
Or by FAX: 617-496-4011

Please call with any questions:

800-422-1636 or 617-496-0806

How did you hear about this trip?

PROGRAM NAME _____ START DATE _____

FIRST PERSON NAME ON PASSPORT _____ DATE OF BIRTH _____

EMAIL ADDRESS _____

STREET ADDRESS _____

CITY / STATE / ZIP OR POSTAL CODE _____

HOME TELEPHONE _____ WORK TELEPHONE _____

SECOND PERSON NAME ON PASSPORT _____ DATE OF BIRTH _____

EMAIL ADDRESS _____

STREET ADDRESS _____

CITY / STATE / ZIP OR POSTAL CODE _____

HOME TELEPHONE _____ WORK TELEPHONE _____

THIRD PERSON NAME ON PASSPORT _____ DATE OF BIRTH _____

EMAIL ADDRESS _____

STREET ADDRESS _____

CITY / STATE / ZIP OR POSTAL CODE _____

HOME TELEPHONE _____ WORK TELEPHONE _____

FOURTH PERSON NAME ON PASSPORT _____ DATE OF BIRTH _____

EMAIL ADDRESS _____

STREET ADDRESS _____

CITY / STATE / ZIP OR POSTAL CODE _____

HOME TELEPHONE _____ WORK TELEPHONE _____

METHOD OF DEPOSIT

CHECK (please enclose check) DEBIT CARD
 MASTERCARD VISA AMEX DISCOVER

CARD NUMBER _____

EXPIRATION DATE _____ 3-DIGIT SECURITY CODE _____

NAME AS IT APPEARS ON CARD _____

I/WE CONFIRM THAT I/WE HAVE READ AND ACCEPT THE GENERAL INFORMATION FOR THIS TOUR, INCLUDING REFUNDS AND CANCELLATIONS AND THE RESPONSIBILITY CLAUSE AT [ALUMNI.HARVARD.EDU/TRAVEL](https://alumni.harvard.edu/travel).

SIGNATURE _____

SIGNATURE _____

ACCOMMODATIONS

CATEGORY PRICE PREFERENCE _____

DOUBLE ROOM SINGLE ROOM SHARE A ROOM WITH: _____

SANCTUARY NILE ADVENTURER CABIN PREFERENCE _____

(1) _____ (2) _____

I WISH TO SHARE A CABIN WITH _____

I WISH TO SHARE A CABIN WITH _____

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Nubian henna hand-painting



Temple of Horus, Edfu

Trip Sampling

LAND & RAIL

Silk Road in Central Asia (The Five 'Stans)

OCT 10–28, 2019

Susanne Ebbinghaus

An Active Exploration of the Azores

OCT 10–15, 2019

Jeremiah Trimble

Exploring the Wine Regions of Bordeaux & Rioja

OCT 12–20, 2019

Tom Conley

Budapest & Central Europe on Golden Eagle Danube Express (with New Year's in Vienna)

DEC 28, 2019–JAN 5, 2020

Jeffrey Frieden

Detroit & Toledo

SPRING 2020

In the Footsteps of St. James: El Camino de Santiago

FALL 2020

The Holy Land: Israel & Palestine

FALL 2020

CRUISES

Sicily by Sail: Valletta to Catania on *Sea Cloud II*

OCT 3–11, 2019

Leo Damrosch & Joyce Van Dyke

New Year's Galápagos on *Origin*

DEC 28 2019–JAN 6, 2020

Daniel Lieberman

Sailing the Baltic's Amber Coast: Helsinki to Copenhagen on *Sea Cloud II*

JUN 29–JUL 9, 2020

Adriatic Odyssey: Venice to Catania on *Sea Cloud II*

OCT 5–20, 2020

RIVERS & LAKES

The Venetian Lagoon & the Pearls of the Po River: Round-Trip Venice on *River Countess*

MAY 3–10, 2020

Iconic Christmas Markets: Vienna to Nuremberg on *AmaViola*

DEC 7–13, 2020

FAMILY ADVENTURES

Tanzania Family Safari

DEC 22, 2019–JAN 2, 2020

New Year's in Havana: A Family Program in Cuba

DEC 27, 2019–JAN 1, 2020

Gabriela Soto

Additional Egypt Offering!

Egypt & The Nile: A Journey Into Antiquity December 26, 2019 to January 6, 2020 With naturalist, astronomer, and space artist David Aguilar

This program will run during similar dates as the Family Egypt trip, but will not feature programming geared toward teenagers or children. This 10-night exploration combines travel by private plane and riverboat. Discover the treasures of Giza and Cairo, including the Great Pyramids and the new Grand Egyptian Museum. Fly to Luxor to board the intimate *Sanctuary Sun Boat III* for a four-night cruise of the Nile. Fly to Abu Simbel to see the temples of Ramses II and Queen Nefertari. Then have the option to continue the journey with an optional extension in Jordan for visits to Petra and Jerash.

From \$13,499 per person, double occupancy



Monastery, Petra



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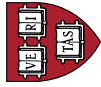
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