Desert Kingdoms of Peru

May 26–June 6, 2018

with study leader Jeffrey Quilter
FOR THE WORLD TRAVELER EAGER TO EXPLORE SOUTHEAST AMERICA, PERU—WITH ITS AWESOME ANDEAN LANDSCAPES, REMARKABLE ARCHAEOLOGICAL TREASURES, RICH COLONIAL HERITAGE, AND VIBRANT INDIGENOUS CULTURES—IS A TOP DESTINATION.

And while fabled Machu Picchu is always on the top of the tourist’s “must see” list the equally fascinating past and present peoples of Peru’s coast often are missed. **This tour offers an opportunity to experience the Desert Kingdoms of Peru that were considered the height of sophistication and civilization by highland peoples, including those who built Machu Picchu!**

The Peruvian coastal river valleys were rich agricultural lands while the Humboldt Current fostered one of the world’s greatest maritime economies. The Andes’ earliest complex societies, such as Caral—as old as Egypt’s pyramids—were all on the coast. And throughout prehistory a dazzling diversity of cultures rose and fell in different coastal regions: Nazca with its mysterious lines, amazing textiles, and bright colored pottery, Moche with its painted temples and the golden tombs of lords and ladies and later, the mighty Chimu, the main rivals of the Incas. This tour offers the opportunity to examine these cultures and more as never seen by visitors who only have time for Machu Picchu.

Accompanying you throughout the program is study leader Jeffrey Quilter, William and Muriel Seabury Howells Director of Harvard’s Peabody Museum of Archaeology and Ethnology. Dr. Quilter has spent most of his professional career investigating the ancient cultures of Peru’s coast.

Begin with a discovery of Lima’s colonial and pre-Columbian treasures and a visit to the ancient city of Caral. Travel south to fly over the mysterious Nazca Lines before heading to the northern coast of Peru to explore Trujillo and Chiclayo, where the pre-Inca culture of the Moche flourished.
Visit Sipán, the site of royal Moche tombs, the richest burial chamber in the Americas. Near the colonial city of Trujillo, see impressive frescoes at the Moche site of El Brujo. The program culminates with a tour of one of the largest adobe cities in the world, the impressive imperial city of Chan Chan.

An optional post-trip extension offers the opportunity to continue to Cusco, the Urubamba Valley, and Machu Picchu, where, comfortably lodged near the site, you can contemplate this Lost City of the Incas and explore its granite temples, altars, squares, and fountains. Walk to the Gate of the Sun and even climb the dramatic peak of Huayna Picchu.

Throughout your journey, experience the marvelous flavors of Peru in its regional cuisine, and take in the influence of Spain, reflecting Peru’s colonial history.
SCHEDULE BY DAY
B=BREAKFAST, L=LUNCH, BL=BOXED LUNCH, D=DINNER

SATURDAY, MAY 26
DEPART U.S. FOR PERU
Independent arrivals in Lima. Upon arrival, transfer to our hotel in Miraflores. OVERNIGHT: CASA ANDINA PRIVATE COLLECTION MIRAFLORES (MEALS ALOFT)

SUNDAY, MAY 27
LIMA
The day begins with a tour of the private Larco Herrera Museum, which contains a fascinating collection of pre-Inca and Inca pottery, one of the finest in the country, including unique gold- and silverwork and erotic ceramics from pre-Inca civilizations. After lunch, tour some of Lima’s main colonial sites, including the cathedral, Plaza de Armas (also known as the Plaza Mayor, the Main Square), the Government Palace and the Archbishop’s Palace, and the Monastery of Santo Domingo.

Enjoy a welcome dinner at the Huaca Pucllana Restaurant, located on the site of a fifth-century pre-Inca temple and our introduction to the Desert Kingdoms of Peru.

OVERNIGHT: CASA ANDINA PRIVATE COLLECTION MIRAFLORES (B, BL)

MONDAY, MAY 28
CARAL
Visit the nearby sacred city of Caral. In complete isolation from other cultures, Caral rapidly progressed on its own, reaching an unparalleled degree of sophistication and becoming a center of strength and social cohesiveness. Fourteen carbon-dating samples have confirmed the age of Caral, placing it in the Archaic period, specifically, between 3000 and 2000 BC, making it the oldest city in the Americas. Return to Lima in the afternoon and enjoy a free evening.

OVERNIGHT: CASA ANDINA PRIVATE COLLECTION MIRAFLORES (B, BL)

TUESDAY, MAY 29
LIMA / ICA / PARACAS
Depart for Ica, Peru’s main grape-growing region and one of the desert kingdoms of Peru areas, stopping at Tambo Colorado, an Inca administrative center. Lunch overlooking the Pacific Ocean.

In the afternoon, explore Huacachina Lagoon, an oasis in the dunes, followed by a visit to the Ica Regional Museum with its intriguing collection of mummies, pottery, and textiles from the ancient Paracas and Nazca cultures. The Nazca culture flourished from ca. 1-750 A.D. Having been heavily influenced by the preceding Paracas culture, which was known for complex textiles, the Nazca produced beautiful crafts and technologies such as ceramics, textiles, and geoglyphs (most commonly known as the Nazca lines). They also built an impressive system of underground aqueducts that still function today.

OVERNIGHT: LA HACIENDA BAHÍA PARACAS (B, L)

WEDNESDAY, MAY 30
NAZCA LINES
In the morning, transfer to Pisco airport for a 1.5-hour flight over the mysterious Nazca Lines. Some of the lines are in the shapes of huge birds and animals, and some are geometric, resembling a landing field, among other designs. These ancient geoglyphs are so large that their forms can be fully discerned only from high in the air. In the afternoon, visit the Interpretive Center of the Paracas National Reserve and the Julio C. Tello Museum. Return to the hotel for a free afternoon to enjoy the facilities of the hotel.

OVERNIGHT: LA HACIENDA BAHÍA PARACAS (B, L)

THURSDAY, MAY 31
PARACAS / LIMA
Take a morning boat excursion to the Ballestas Islands, known as the “small Galápagos” for their profusion of wildlife. The islands are inhabited by thousands of “guano birds,” penguins, and sea lions. On the way to the islands, view the gigantic Paracas Candelabra, a prehistoric geoglyph nearly 600 feet tall on the face of the peninsula ridge overlooking the bay. Depart to Lima. On the way, stop at Bodega Viñas de Oro for a visit to its winery. Learn about the different type of grapes used for pisco and how the famous South American brandy is made. Enjoy a pisco tasting and a Peruvian lunch. Continue to Lima and arrive at your hotel conveniently located in the airport grounds.

OVERNIGHT: COSTA DEL SOL WYNDHAM AIRPORT HOTEL (B, L)

FRIDAY, JUNE 1
LIMA / CHICLAYO
In the morning, fly northward to Chiclayo in the Lambayeque Valley, where the pre-Inca culture of the Moche flourished, a major desert kingdom of Peru with its incredible treasures and museums that just relatively recently came to light. Visit the archaeological complex Ventarrón (4,000 years old) with temples of the preceramic and formative periods that mark the first two great moments of the northern Andean cultures. After a lunch of regional specialties, continue to Huaca Rajada, at the pyramid complex
of Sipán. Huaca Rajada is the name of the site of the famous discoveries of Moche tombs, including the exceptional royal burial known as the Lord of Sipán, recognized as the archaeological discovery of the 20th century and accordingly to National Geographic 1988 “the New World’s Richest Unlooted Tomb” because of the large amount—and high value—of gold and silver treasures found there. OVERNIGHT: CASA ANDINA SELECT CHICLAYO (B, L)

SATURDAY, JUNE 2
CHICLAYO
Visit the stunning Museo Tumbas Reales de Sipán (the Royal Tombs of Sipán Museum), which houses the extraordinary treasures discovered at Sipán. Continue to Túcume and the impressive Valley of the Pyramids (AD 1000–1532), a vast Lambayeque archaeological complex.

In the afternoon, visit the Sicán Museum, dedicated to scientific research of the Lambayeque, or Sicán, culture (AD 750–1375) and to the protection and storage of its treasures. See the reconstruction of the splendid tombs of Sicán along with many gold and other valuable pieces. OVERNIGHT: CASA ANDINA SELECT CHICLAYO (B, L)

SUNDAY, JUNE 3
CHAPARRI NATIONAL RESERVE
The day begins early with an excursion to the Chaparri National Reserve, a private reserve that covers 34,142 hectares and is home to Cerro Chaparri, a mountain considered sacred by the local people. Look for the spectacled bear and the white-winged guan—both in danger of extinction—and enjoy seeing other birds, including the Andean condor, and experiencing the distinctive flora of the area. Learn about shamanism and the apus (mountain spirits). At the reserve’s interpretation center, hear about the biodiversity of the area and how to protect this wonderful ecosystem in the dry forest. Return to Chiclayo in the afternoon.

MONDAY, JUNE 4
CHICLAYO / TRUJILLO
En route to El Brujo Archaeological Complex, famous for its richly colored murals on a Moche pyramid, pass through the localities of Chocope and Farias, the cane fields of old sugar estates, and the quintessential village of Magdalena de Cao.

Near El Brujo, visit the Cao Museum, home of the famous mummy known as the Lady of Cao, the first female ruler of the Mochica culture. In addition to this tattooed mummy, the museum contains weavings and ceramics, some of which date back 3,000 years. The tomb of the Lady of Cao, buried some 1,700 years ago, was discovered in 2005 along with ceremonial items, jewelry, weapons, and the remains of a teenage girl who had been sacrificed.

Continue to Trujillo, a coastal city founded by Pizarro in 1536. Attend a Paso Fino Horse show at the Horse Breeders Association of Trujillo and then lunch.

In the afternoon, explore the Archaeological Museum followed by a city tour of colonial Trujillo. Visit the Plaza de Armas (also known as the Plaza Mayor, the Main Square) and various Spanish colonial houses famous for their paintings, hand-carved furniture, and beautiful grillwork. OVERNIGHT: CASA ANDINA PRIVATE COLLECTION TRUJILLO HOTEL (B, L)

TUESDAY, JUNE 5
TRUJILLO / LIMA
Start the day with a morning drive to the temples of the sun and moon. See the 1,700-year-old Huaca del Sol (Temple of the Sun), which is directly opposite the Huaca de la Luna (Temple of the Moon), which dazzles with decorated walls and impressive friezes. This entire archaeological site was the religious capital of the Moche people. Lunch is at Huanchaco Bay, where local fishermen continue to venture to sea in fragile reed skiffs, caballitos de totora. Continue to the Totorales de Huanchaco, where locals make the famous skiffs in the same way as their ancestors did.

Stop for a short visit to the small early site of Gramalote before continuing to the impressive adobe city of Chan Chan, the imperial capital of the Chimú Empire and the largest pre-Columbian adobe city in the Americas. Partake in a festive farewell dinner before catching an evening flight to Lima. Upon arrival in Lima, transfer to the Costa del Sol Ramada Hotel, conveniently located at the Lima airport. OVERNIGHT: COSTA DEL SOL WYNDHAM AIRPORT HOTEL (B, L, D)

WEDNESDAY, JUNE 6
DEPART FOR U.S.
As the hotel is located within the airport, you may simply walk to your airline check-in counter at the appropriate time for your international flights home. (b)
Jeffrey Quilter is the William and Muriel Seabury Howells Director of the Peabody Museum of Archaeology and Ethnology, and a senior lecturer in Harvard’s archaeology program. Born and raised in New York City, Quilter received his bachelor’s degree from the University of Chicago and his MA and PhD in anthropology from the University of California, Santa Barbara.

Trained as an anthropological archaeologist, Quilter’s early career focused on questions regarding the origins of sedentism (the transition from nomadic lifestyle to a society that remains in one place) and complex societies in Peru. He also examined the art and iconography of the Moche culture of Peru and began a long-term archaeological project in Costa Rica at the Rivas ceremonial and mortuary complex.

Quilter developed an interest in the different discourses of art history, anthropology, and history in discussing the past. Recently, an early emphasis in issues of origins and nature of complex societies has shifted to a focus of viewing social and environmental changes over long periods of time.

Quilter has published on a variety of topics in archaeology as well as edited numerous archaeological publications.

UPCOMING HMSC TRIPS

THE BUTTERFLY MIGRATION OF HIGHLAND MEXICO
FEB 4–9, 2018
ALFONSO ALONSO

BAJA CALIFORNIA & THE SEA OF CORTEZ: AMONG THE GREAT WHALES
MAR 10–17, 2018
DAVID AGUILAR

WILD AFRICA
MAY 14–28, 2018
JONATHAN LOSOS

MONGOLIA: LAND OF THE BLUE SKY
MAY 27–JUN 8, 2018
MARK VAN BAalen

EXPLORING ICELAND
JUN 21–JUL 1, 2018
JAMES MCCARTHY

EXPEDITION TO GREENLAND & THE ARCTIC CIRCLE ON AKADEMIK SERGEY VAVILOV
AUG 1–12, 2018
JAMES J. MCCARTHY

MOROCCO UNVEILED
OCT 14–26, 2018
CAROL SAIVETZ

SOUTHERN AFRICA ODYSSEY
OCT 18–NOV 4, 2018
JAMES HANKEN

FOR MORE INFORMATION PLEASE VISIT HMSC.HARVARD.EDU/TRAVEL OR CALL 800-422-1636
WHAT TO EXPECT

This Harvard Alumni Travels program is exclusively designed for HMSC members and friends who are interested in archaeology, history, the ancient cultures of Peru and its rich natural environment. Climate in the Peruvian coast (Trujillo and Paracas) is an arid 65 to 85°F. This is a moderately active program that is, at times, busy. There is some stair climbing and walking of approximately one to two miles long, occasionally over uneven terrain, at a leisurely pace. In the Andes (post-trip extension to Machu Picchu), temperatures range from 30-40°F at night to 60-75°F during the day, and travelers spend several days at elevations from approximately 8,000 to 11,200 feet. The extension has been planned to allow for gradual acclimatization when traveling to the Andean highlands.

TERMS AND CONDITIONS

PROGRAM COST INCLUDES: Accommodations and meals as specified in the itinerary; all land and water transportation; in-tour flights within Peru: Lima/Chiclayo; Trujillo/Lima, provided increases in the in-tour airfare after the initial pricing of this program are not included—see below; professional guides and tour manager throughout; airport transfers for group flights; domestic airport departure taxes; entrance fees; baggage handling; gratuities to guides and drivers; pre-departure information; coordination; administration and $200,000 emergency medical evacuation insurance.

TOUR COST DOES NOT INCLUDE: US domestic and international airfare; meals not specified in the itinerary; personal items such as laundry, fax or telephone calls, liquor, room service, passport fees, excess baggage charges, private transfers, medical expenses, travel insurance, optional extensions or deviations from the scheduled tour; any service, passport fees, excess baggage charges, private transfers, medical expenses, travel insurance, optional extensions or deviations from the scheduled tour. Any increases in the in-tour airfare (included as part of the main program cost), security, or fuel surcharges imposed after the initial pricing of this program are not included.

RESERVATIONS, DEPOSITS & FINAL PAYMENT: To reserve your space on this program, a $1,000 deposit is required per person and a $200 per person deposit is required for the Machu Picchu post-trip extension. Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form. Deposits may be charged to a credit card. Reservations are acknowledged in order of receipt. Final payment is due February 26, 2018 and must be paid by check. Royal Adventures handles all invoicing. CST #2009579-40

CANCELLATIONS AND REFUNDS: All cancellations must be made in writing to the Harvard Alumni Association. Refunds less a cancellation fee of $600 per person are made if we are notified in writing on or before February 26, 2018. No refunds are made after that date. There are no refunds for unused meals, accommodations or other trip features.

CHANGES IN ITINERARY: The itinerary is subject to change at the discretion of Harvard Alumni Association and the tour operator. We reserve the right to change a program’s dates, staff (including study leader), itineraries, or accommodations as conditions warrant. Deviations from the scheduled itinerary are at the expense of the individual.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

INSURANCE: We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by the Harvard Alumni Association (HA) upon confirmation. The pre-existing medical conditions exclusion is waived if the insurance is purchased within 21 days of initial deposit.

RESPONSIBILITY: Certain other provisions apply regarding limitations of liability and rights of Harvard and the tour operator. The statement of responsibility is available in the Terms & Conditions document at https://hmsc.harvard.edu/desert-kingdoms-peru. If you are not able to access the internet, please call Harvard Alumni Travels at 800-422-1636 or 617-495-2463. As part of the consideration and right to participate in this tour, each participant will be asked to sign a liability release.

DISCLAIMER: Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither Harvard Alumni Travels nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

QUESTIONS: Please call Harvard Alumni Travels at 800-422-1636 or 617-495-2463, email: hmsctravel@hmsc.harvard.edu.

DESMERT KINGDOMS OF PERU May 26-June 6, 2018

RESERVATION FORM

NAME (AS ON PASSPORT) DATE OF BIRTH

NAME (AS ON PASSPORT) DATE OF BIRTH

ADDRESS CITY STATE ZIP

PHONE: (HOME) (OFFICE) (FAX)

E-MAIL

☐ Enclosed is a check for ________ ($1,000 deposit per person plus $200 per person for the Machu Picchu post-trip extension, if applicable) payable to “Royal Adventures” to hold _______ places on the Desert Kingdoms of Peru program. OR

☐ Please charge my charge my $_________ to: ☐ AMEX ☐ Visa ☐ MasterCard

CARD NUMBER EXPIRATION DATE CVV

NAME AS IT APPEARS ON THE CARD

☐ I wish to have a single accommodation OR

☐ I will share accommodations with: _____________________________

☐ I /We will take care of our own international flight arrangements to Lima, Peru and back.

☐ Please make international round-trip flight arrangements to Lima, Peru.

☐ I /We wish to join the optional Machu Picchu post-trip extension at an additional deposit ________ $200 per person.

I/We confirm that I/We have carefully read the Terms and Conditions including the Responsibility section of this brochure and agree to their terms.

SIGNATURE DATE

SIGNATURE DATE

Please return this form with deposit to the address at the top right of this page or fax it to 617-496-4011.

QUESTIONS? Please call us at 617-495-2463 or e-mail hmsctravel@hmsc.harvard.edu.

HMSC MEMBERSHIP

A forum for thoughtful and informed exchange of ideas, the museum depends on membership to support its activities and its outreach to communities in Cambridge and beyond.

☐ I am currently a member of the HMNH or HMSM

☐ I would like to become a member at the following level:

☐ $35 Senior/Student ☐ $50 Individual ☐ $85 Household

☐ $125 Supporting ☐ $250 Sustaining ☐ $500 Patron

Please enclose a separate check made out to Harvard University/HMSC for membership. Thank you.
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HIGHLIGHTS

SEE the impressive imperial adobe city of Chan Chan

VIEW the sacred city of Caral, the oldest city in the Americas

VISIT the site of the famous Moche Royal Tombs

FLY OVER the mysterious Nazca Lines

EXPLORE the Valley of the Pyramids along with ancient cities and spectacular museums

“This tour offers the opportunity to experience the Desert Kingdoms of Peru and more as never seen by visitors who only have time for Machu Picchu.”—JEFFREY QUILTER