2020 HARVARD ALUMNI TRAVELS
DISCOVER • LEARN • CONNECT • EXPLORE

INcredible BHUTAN
Thimphu, Punakha, Trongsa, Bumthang, Paro
October 5–19, 2020
Trip Sampling

**LAND & RAIL**

**Journey in Greece for Students & Alumni**
JAN 10–19, 2020
Keith Stone

**Colombia: From Bogotá to Cartagena**
MAR 12–23, 2020
Jeffrey Quilter

**Spring Break in Greece for Students & Alumni**
MAR 13–21, 2020
Gregory Nagy

**HBS the Natural Gems & Luxury Lodges of Patagonia**
MAR 22–APR 2
Don Pfister

**Detroit, the Motor City: Then & Now**
MAY 14–18, 2020
Alice DeLana

**HMSC Zambia & Namibia**
MAY 30–JUN 15, 2020
Richard Wrangham & Elizabeth Ross

**HMSC Native American Voices**
MAY 31–JUN 8, 2020
Philip Deloria

**The Holy Land: Israel & Palestine**
SEP 6–16, 2020
Peter Machinist

**CRUISES**

**Oman and the Gulf States on Crystal Esprit**
JAN 2–12, 2020
Erez Manela

**Tasmania by Land & Sea on Coral Discoverer**
JAN 8–22, 2020
Andrew Berry

**Madagascar to Mauritius: Islands of the Indian Ocean on Serenissima**
JAN 15–31, 2020
Peter Galbraith

**Treasures of The Caribbean on Le Champlain**
FEB 22–29, 2020
Alexandra Vacroux

**Japan by Sea: Land of the Rising Sun on Caledonian Sky**
APR 14–28, 2020
Alexandra Vacroux

**Crossroads of Cultures: Canary Islands, Morocco & Iberia on Sea Spirit**
APR 17–30, 2020
Susan G. Miller

**European Union Symposium: Berlin to Budapest on Crystal Mahler**
AUG 30–SEP 10, 2020
Annette Gordon-Reed

**RIVERS & LAKES**

**Elbe River on Elbe Princesse II**
MAR 31–APR 11, 2020
Tom Kelly

**Springtime in Provence & Burgundy on Le Bougainville**
MAY 6–14, 2020
Sue Schopf

**The Pearls of the Po River: From Venice to Parma on Le Venezia**
MAY 9–17, 2020
Joyce Chaplin

**Quintessential Peru: The Amazon, Sacred Valley of The Inca & Machu Picchu on Delfin II**
SEP 7–18, 2020
Werner Sollors & Alide Cagidemetrio

**FAMILY ADVENTURES**

**Greece Family Odyssey: The Peloponnesse on Running on Waves**
JUN 18–27, 2020
James Simpson

**Japan Family Adventure**
JUN 27–JUL 8, 2020
Theodore Gilman

**Tanzania Family Safari**
DEC 26, 2020–JAN 4, 2021
On this exclusive program limited to just 17 travelers, discover the mystical and spiritual Bhutan, where fascinating dzongs (fortresses) and chortens (religious structures) dot a serene and beautiful Himalayan landscape. The people of Bhutan are warm and charming, and gladly welcome you to discover their deeply Buddhist and traditional way of life. Watch Bhutanese folk dances, dine on local delicacies, visit the country’s largest and most important dzongs, and ascend to the incomparable cliffside Taktsang (Tiger’s Nest) monastery on a journey through the deep valleys and soaring mountain passes of this scenic secluded kingdom.

Activity Level 4:

UP FOR A CHALLENGE

I’m looking for a jam-packed itinerary that allows me to experience everything this place has to offer. I’m okay with an active program covering rugged terrain, with considerable walking and a number of rigorous travel days including early departures. If that means changing hotels often, flying or enduring long bumpy drives between cities, walking up to three miles a day, or even climbing to high elevations, sign me up.

TO BOOK A TRIP, CALL 800-422-1636 OR VISIT ALUMNI.HARVARD.EDU/TRAVEL
Schedule by Day

(B=Breakfast, L=Lunch, D=Dinner)

MONDAY & TUESDAY, OCTOBER 5 & 6, 2020

U.S. / Bangkok, Thailand

Depart home and fly to Bangkok. Upon arrival, clear immigration & customs and transfer to the hotel, Novotel Suvarnabhumi Airport Hotel (Meals Aloft)

WEDNESDAY, OCTOBER 7

Bangkok / Paro, Bhutan / Thimphu

Depart Bangkok this morning and fly to Paro, home of the only international airport in Bhutan. After lunch, drive to Thimphu, Bhutan’s capital since 1955. Stop at Simtokha Dzong, an important historical and religious monument, which also houses one of the country’s premier learning institutes. This evening enjoy a welcome reception and dinner. Le Meridien (B,L,D)

THURSDAY, OCTOBER 8

Thimphu / Punakha

Visit the Royal Thimphu College then journey through scenic countryside, past wild orchids and pine trees, toward the riverside town of Punakha. Stop at Dochula Pass (10,200 feet), where we enjoy lunch with sweeping views of the Himalayas. Descend into Punakha valley to walk through fields and villages and visit Chimi-Lakhang, a 15th-century fertility pilgrimage shrine. Zhingkham Resort (B,L,D)

SATURDAY, OCTOBER 10

Punakha

Visit Khamsum Yuley Namgay Chorten, built in 2004 by the Bhutanese royal family to ward off evil spirits in Bhutan and across the world, and to bring peace and harmony to all living things. Then follow the trails along the river to the impressive Punakha Dzong, the winter fortress of Jo Khenpo, chief hierarch of Bhutanese Buddhism. Zhingkham Resort (B,L,D)

SUNDAY, OCTOBER 11

Punakha / Trongsa

Drive eastwards to Trongsa, the ancestral home of royal family. Along the way, ascend Pele La pass (11,000 feet) and visit the Nepalese-style Chendibji Chorten. Puenzhi Guest House (B,L,D)

MONDAY, OCTOBER 12

Trongsa / Bumthang

See the impressive Trongsa Dzong, dating to 1644, straddling a hilltop on the edge of town, and visit the Ta-Dzong Museum to learn about its history and religious importance. This afternoon drive to the historic Bumthang district, stopping at the Yathra weaving center at Zungney to witness the creation of traditional brightly colored Bhutanese wool blankets. Gongkhar Lodge (B,L,D)

TUESDAY, OCTOBER 13

Bumthang

In the morning drive to Toktu for an easy hike along the Chamkhar river and visit the rural Thangbi temple. Explore Ngalakhang village and see Jambay and Kurjey temples, the two most
sacred temples in Bumthang. This evening, stop at a farmhouse to taste the local buckwheat noodles, brewed wine, and butter tea.

Gongkhar Lodge (B,L,D)

WEDNESDAY, OCTOBER 14
Bumthang
In the morning depart for the remote and impossibly green Tang Valley. Visit the 16th-century Tang Ogyen Choling Palace, now a museum that highlights local history and culture. Return to Bumthang for a cooking demonstration of Bhutanese delicacies.

Gongkhar Lodge (B,L,D)

THURSDAY, OCTOBER 15
Bumthang / Paro
Board a short flight back to Paro. In the afternoon, visit the National Museum, uniquely housed in a former watchtower, and the Paro Rinpung Dzong, established in the 15th century and current seat of the local government.

Zhiwa Ling Hotel (B,L,D)

FRIDAY, OCTOBER 16
Paro
Depart for nearby Chelila pass to enjoy beautiful views of Paro and the Haa Valley. Hike to Kila Nunnery monastery, one of the few nunneries in the country, before meeting with local artists. Later learn about the national sports, including archery.

Zhiwa Ling Hotel (B,L,D)

SATURDAY, OCTOBER 17
Paro
Hike through beautiful pine forests to the iconic Taktsang ("Tiger’s Nest") Monastery, whose white temples cling to a soaring cliff 10,000 feet above the valley. Legend claims that Guru Rinpoche, the father of Bhutanese Buddhism, arrived here astride a flying tigress and meditated in a cave for months. The monastery is a pilgrimage site that the Bhutanese people aspire to visit at least once in their lives. Tonight, gather for a farewell dinner.

Zhiwa Ling Hotel (B,L,D)

SUNDAY, OCTOBER 18
Paro / Bangkok
Fly to Bangkok. Upon arrival, check into your airport hotel and enjoy an evening at leisure.

Novotel Suvarnabhumi Airport Hotel (B,L)

MONDAY, OCTOBER 19
Bangkok / U.S.
Depart for the airport and check in for flights home. (B)
National Museum of Bhutan

Program Rates, per person

Per person, double occupancy ................................................................. $13,970
Per person, single occupancy ................................................................. $17,270

Please note pricing includes on-tour air costs: Bangkok/Paro/Bangkok and Bumthang/Paro

Optional business class supplement for Bangkok/Paro/Bangkok is $200 (limited seats available)

AIR ARRANGEMENTS PLEASE NOTE: U.S. domestic and international airfare is not included in the program rates. AirTreks can help with airline arrangements for this trip and can be reached at 1-800-AIRTREKS or 415-977-7171. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice. Further information about making flight arrangements will be sent to confirmed participants.
TOUR COST INCLUSIONS
All accommodations, meals, and excursions as specified in the itinerary including 13 hotel nights • Full program of briefings, lectures and presentations • Group transfers for all participants on group arrival and departure dates • Baggage handling • Gratuities to, porters, wait staff, guides and drivers • Entrance fees • Welcome and farewell wine receptions • House wine, beer, and soft drinks with group lunches and dinners • Bottled water on coaches • Professional tour managers • $200,000 Emergency Medical Evacuation Insurance

TOUR COST EXCLUSIONS
U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Travel and trip cancellation insurance • Private transfers or airport transfers outside of group arrival and departure days • Optional excursions or deviations from the scheduled tour • Excess baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted • Laundry or dry cleaning • Telephone, fax, internet, and email charges • Room service • Other items of a personal nature

WHAT TO EXPECT
This is an active program covering rugged terrain, with considerable walking and a number of rigorous travel days including early departures. Daily excursions involve one to three miles of walking, including stairs without handrails, high thresholds, and cobbled uneven paths. The excursion to Takstang Monastery is a rigorous hike. The coach rides to remote locales are sometimes long and over bumpy roads. If you are susceptible to altitude sickness, please be aware that some drives ascend to ~11,000 feet above sea level. Participants with medical issues and/or dietary restrictions must make them known to us well before departure, and impairments regarding mobility must be disclosed prior to booking. If you have any questions about the level of activity of this program or your ability to participate, please call Harvard Alumni Travels at 800-422-1636.

GROUP SIZE
This program is limited to 17 participants.

RESERVATIONS, DEPOSITS, AND FINAL PAYMENT
To reserve a space on this program, a $1,000 deposit is required per person. Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form found in this brochure. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Final payment deadline is June 8, 2020 (120 days prior to departure).

CANCELLATIONS & REFUNDS
Notification of cancellation must be received in writing by Harvard Alumni Travels from the participant. Cancellations within 34 days of booking: full refund; cancellations received up to 120 days prior to departure will be assessed a cancellation fee of $1,000 per person. Cancellations received within 120 days prior to departure are subject to 100% penalty of all deposits and payments, regardless of booking date.

ITINERARY CHANGES
The itinerary contained in this brochure is accurate at the time of printing. We reserve the right to change the program or accommodations as conditions warrant.

INSURANCE
We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by Harvard Alumni Travels upon confirmation.

RESPONSIBILITY
Certain other provisions apply regarding limitations of liability and rights of HAA and the tour operator. The statement of responsibility is available at https://alumni.harvard.edu/travel/trips/hbs-bhutan-2020. If you are not able to access the internet, please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806.

DISCLAIMER
Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither HAA nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

QUESTIONS
Please call Harvard Alumni Travels at 800-422-1636 or 617-496-0806, email: haatravels@harvard.edu. California Seller of Travel Program CST#2088800-40

Registration Form
To register, fill out this form and return to Harvard Alumni Travels with your deposit of $1,000 per person.

Please return this form by mail to:
Harvard Alumni Travels
124 Mount Auburn Street, 6th Floor, Cambridge, MA 02138
Or by FAX: 617-496-4011

Please call with any questions:
800-422-1636 or 617-496-0806

How did you hear about this trip?

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METHOD OF DEPOSIT
☐ CHECK (please enclose check) ☐ MASTERCARD ☐ VISA

CARD NUMBER

EXPIRATION DATE CVV SECURITY CODE

NAME AS IT APPEARS ON CARD

☐ I/WE CONFIRM THAT I/WE HAVE READ AND ACCEPT THE GENERAL INFORMATION FOR THIS TOUR, INCLUDING REFUNDS AND CANCELLATIONS AND THE RESPONSIBILITY CLAUSE AT ALUMNI.HARVARD.EDU/TRAVEL.

SIGNATURE

SIGNATURE

ACCOMMODATIONS
☐ DOUBLE ROOM ☐ SINGLE ROOM ☐ SHARE A ROOM WITH:

ROOMMATE

Terms & Conditions
JOIN HAA ON AN EXCLUSIVE JOURNEY TO INCREDIBLE BHUTAN OCTOBER 5–19, 2020