JAPAN BY SEA
Aboard the Caledonian Sky
With Harvey Cox PhD ’63
Hollis Research Professor of Divinity
and
Nina Tumarkin AM ’67, PhD ’75
Associate, Davis Center for
Russian and Eurasian Studies
April 20–May 3, 2016
Japan by Sea aboard the Caledonian Sky
April 20–May 3, 2016 • 13 nights/14 days

To book a trip call 800-422-1636 or visit alumni.harvard.edu/haa/Travel

Experience the Japanese aesthetic in a variety of forms, from Kyoto’s Temple of the Golden Pavilion (cover) and the Great Buddha at Todai-ji in Nara (above) to Miyajima’s iconic torii (gateway), which seems to float on the water at high tide (back cover).

Meet and interact with a kabuki actor and the owner of a traditional geisha house. Take part in a tea ceremony, attend specially arranged performances of sacred bugaku dance and the world-famous Kodo drummers, and travel on Japan’s high-speed rail (the shinkansen, or “bullet train”).

Throughout the voyage and during time ashore in both Kyoto and Tokyo, enjoy an enriching lecture program with presentations from Professors Harvey Cox and Nina Tumarkin. An optional pre-trip extension to the Iya Valley, Naoshima, and Kyoto is also available.

CRUISE THROUGH THE INLAND SEA and the Sea of Japan on a delightful springtime exploration of Japan. This small nation of nearly 7,000 islands is wonderfully suited for exploration by small ship, and the 114-passenger Caledonian Sky conveys us comfortably to a fascinating variety of tranquil historic towns, artistic centers, and remote islands that larger ships cannot access.

Experience dramatic coastlines, sacred temples, celebrated gardens, and cutting-edge art and architecture.
FeaTured STudy leaderS

Harvey Cox PhD ’63, Hollis Research Professor of Divinity at Harvard, has been on the faculty since 1965, teaching in both the Divinity School and the College. His continuing interest in Japan began when as a doctoral student he represented Harvard at an international conference in Kyoto in 1960. He has returned a number of times since then, once as a “Visiting Intellectual,” when he lectured at four Japanese universities. Most recently, in 2009 he returned with his wife, Prof. Nina Tumarkin, as a lecturer on an HAA trip. A specialist in the relationship of religion to culture and politics, he will lecture on Shinto, the indigenous religion of Japan; on Buddhism, which arrived in Japan in 600 CE; and on the fascinating emergence of a plethora of “new religious movements” after World War II.

Nina Tumarkin AM ’67, PhD ’75, is a Professor of History at Wellesley College and a longtime Associate at Harvard’s Davis Center for Russian and Eurasian Studies. Her first extended visit to Japan thirty years ago coincided with the beginning of her abiding scholarly involvement in World War II and the ways in which victors and vanquished, victims and perpetrators, governments and political groups have grappled with its vastly complex history and legacy. She will lecture on Japan’s experience of the “Great Pacific War,” the ways it has resonated in that country’s domestic and international politics, and the sensitive relationship between war memory and Japanese national identity.

ADDITIONAL LECTURERS

Archaeological Institute of America lecturer Mikael Adolphson is Professor of Japanese Cultural Studies in the University of Alberta’s Department of East Asian Studies. His current interests center on cultural icons, historical narratives, and agency in societal changes.

Marian Chertow is an associate professor of industrial environmental management at the Yale School of Forestry and Environmental Studies, with an appointment at the Yale School of Management. She focuses on the way physical resources are used and exchanged in Southeast Asia and has recently received a grant from the Japan Foundation to study industrial ecology in the Japanese islands.

Taiko drumming performance styles vary widely, with Kodo among the most well-known and respected taiko groups worldwide.

FOR DETAILED ITINERARIES VISIT ALUMNI.HARVARD.EDU/HAA/TRAVEL
SCHEDULE BY DAY  

Note: Several days offer optional excursions from which to choose. Included meals are designated as B=breakfast, L=lunch, R=reception, D=dinner.

WEDNESDAY & THURSDAY, APRIL 20 & 21  
U.S. / Kyoto, Japan  
Depart the U.S. on an overnight flight to Osaka, arriving on April 21. Check in to the Kyoto Hotel Okura.

FRIDAY, APRIL 22  
Kyoto

OPTION 1: Visit Nijo Castle, a Japanese National Treasure; UNESCO World Heritage-listed Kinkaku-ji (Temple of the Golden Pavilion); and Ryoan-ji’s elegant Zen rock garden.

OPTION 2: In the Arashiyama district, a Japanese Historic Site and Place of Scenic Beauty, explore Tenryu-ji, a Rinzai Buddhist temple and UNESCO World Heritage site, and the atmospheric Sagano Bamboo Forest. This evening, enjoy a private presentation by a former geisha and a maiko (an apprentice geisha) and a festive welcome reception and dinner.

Kyoto Hotel Okura (B,L,R,D)

SATURDAY, APRIL 23  
Kyoto

OPTION 1: East of Kyoto, visit the Miho Museum, one of the master achievements of architect I.M. Pei. In Kyoto enjoy a guided walk through the picturesque Pontocho and Gion districts, two of the most exclusive and well-known geisha communities in Japan.

OPTION 2: Visit a traditional textile studio in the Nishijin district. North of Kyoto, in the mountain town of Ohara, explore the serene Sanzen-in temple, which features two gardens renowned for their beautiful moss.

The evening is at leisure.

Kyoto Hotel Okura (B,L)

SUNDAY, APRIL 24  
Kyoto / Nara / Osaka (Embar)k

OPTION 1: In nearby Nara, the capital of Japan for only 74 years (710–784), visit UNESCO World Heritage sites Todai-ji, famous for its statue of the Great Buddha, and Horyu-ji, Japan’s oldest surviving Buddhist temple and one of the world’s oldest wooden structures.

OPTION 2: Participate in a traditional tea ceremony in Kyoto. In nearby Uji, visit the famous Byodo-in temple, featuring the recently restored Phoenix Hall. Learn about the production of green tea during a private factory visit. Embark the Caledonian Sky in the port of Osaka. Caledonian Sky (B,L,D)

MONDAY, APRIL 25  
Inland Sea / Hiroshima

Relax on board as the ship cruises through Japan’s Inland Sea, dotted with tiny islands. In Hiroshima, visit the Peace Memorial Park and Museum, which documents the atomic explosion that ravaged the city. Caledonian Sky (B,L,D)

TUESDAY, APRIL 26  
Miyajima

Anchor offshore of Miyajima Island this morning and board Zodiaks to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermillion torii (gateway) that appears to float on the sea at high tide. Enjoy a lively performance of ancient bugaku music and dance and ample free time to explore the town. Caledonian Sky (B,L,D)

WEDNESDAY, APRIL 27  
Hagi

Explore Japan’s medieval heritage in Hagi, which boasts one of the best-preserved samurai and merchant quarters in Japan. Stop at the kiln of a master potter to learn how the highly acclaimed Hagi-yaki is made. Walk the grounds of Toko-ji, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Caledonian Sky (B,L,D)

THURSDAY, APRIL 28  
Ulsan, South Korea

OPTION 1: Drive inland to the UNESCO World Heritage city of Gyeongju, ancient capital of the Shilla kingdom. Enjoy a guided tour of the National Museum’s highlights, a Korean-style lunch and folkloric performance, and Bulguksa, one of the most beautiful Buddhist temples in South Korea.

OPTION 2: In bustling Busan, one of the world’s largest ports, stroll through the enormous Jagalchi Fish Market, featuring an incredible variety of fresh seafood. Return to Ulsan to visit the world’s largest automobile assembly plant, operated by Hyundai Motor Company. Caledonian Sky (B,L,D)

FRIDAY, APRIL 29  
Matsue, Japan

At the Adachi Museum of Art, explore a collection of modern Japanese works set in exquisite gardens. In charming Matsue, visit one of the few surviving castles in Japan, built in 1611, and stroll through the town’s historic quarter. Caledonian Sky (B,L,D)

FOR DETAILED ITINERARIES VISIT ALUMNI.HARVARD.EDU/HAA/TRAVEL

Marvel at the talents and dedication of apprentice geishas, the resilience of the Japanese people in overcoming disasters such as Hiroshima, and the unparalleled aesthetic of the finest Japanese landscape gardens.
Saturday, April 30
Kanazawa
Call at the artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Enjoy a tea ceremony at a classic teahouse and time to explore Kanazawa’s historic neighborhoods. Caledonian Sky (B,L,D)

Sunday, May 1
Sado Island
On remote Sado Island, home base for the taiko drumming group Kodo (“heartbeat”), attend an exhilarating performance by this world-famous troupe. In the picturesque fishing village of Shukunegi, ride aboard one of the unusual local boats called taraibune, and enjoy a tour and tasting at a local sake brewery. Caledonian Sky (B,L,D)

Monday, May 2
Niigata / Tokyo (Disembark)
OPTION 1: Enjoy the lively Golden Week bustle at the Meiji Shrine, which commemorates the role of Emperor Meiji during the Meiji Restoration. OPTION 2: Take a guided walk through the Ginza district, visiting an artisan shop and one of Japan’s iconic department stores, with time for independent exploration. Gather for a special farewell reception and dinner with a private demonstration of kabuki. Imperial Hotel (B,L,R,D)

Tuesday, May 3
Tokyo / U.S.
Transfer to Narita or Haneda Airport for flights home (arriving the same day). (B)

Details
Activity Level: Moderate
Group Size: 96 guests including travelers from Harvard, Yale, the Archaeological Institute of America, and the National Trust for Historic Preservation

What to Expect
We consider this a moderately strenuous program that is at times physically demanding and busy. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In some instances, elevators are unavailable and stairs may not have handrails. You will be required to remove your shoes while visiting temples, shrines, and a number of other sites. You will need to climb into and out of Zodiacs for one excursion ashore (there will be staff and crew members on hand to assist). Participants must be physically fit, active, and in good health. Participants with medical issues and/or dietary restrictions must make them known to us well before departure, and impairments regarding mobility must be disclosed prior to booking. If you have any questions about the level of activity of this program or your ability to participate, please call HAA at 800-422-1636.

Optional Pre-Tour Extension: Iya Valley, Naoshima & Kyoto
April 14–21
Stay in a traditional Japanese inn, or ryokan, for two nights in the Iya Valley, where vine suspension bridges, thatched-roof farmhouses, and village traditions date back to the Edo period. Continue to scenic Naoshima, an island that has become a mecca for cutting-edge art and contemporary architecture. End in Kyoto with visits to the Toji temple flea market; Sanjusangendo, a Buddhist temple famous for its 1001 statues of Kannon; and Fushimi Inari shrine, with rows of bright-red torii. Additional details and pricing will be provided to confirmed participants.

Photo Credits: (From Dreamstime.com): KinKaku-ji Temple © Julija Nikerina; Great Buddha © Cowardlion; Fans © Can Balcioglu; TaiKo Drummers © Jimble; Hiroshima © Pod666; Iya Valley © Paul Ashton; Bamboo Forest © buena009; Miyajima Torii © Cowardlion; Kenroku En Garden © Sharman Fox; Geisha © Yoshi Ohkuma JTB-GMT.
The Caledonian Sky, formerly the Hebridean Spirit, is a 114-passenger premier expedition ship refurbished in 2012. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, mini-bar, individually controlled heat/air conditioner, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship’s amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdressing, laundry service, and gift shop. An elevator services all decks. The Caledonian Sky’s chefs prepare quality international meals, predominantly Western-style, served in a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers, and a fleet of Zodiac landing craft.

**PROGRAM RATES, per person**

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<tr>
<th>CATEGORY</th>
<th>DOUBLE</th>
<th>SINGLE*</th>
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<tbody>
<tr>
<td>A CASTLE DECK (forward) 244 sq. ft. with two portholes, shower</td>
<td>$9,990</td>
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</tr>
<tr>
<td>B CASTLE DECK 244 sq. ft. with two, three, or four portholes, shower</td>
<td>$10,990</td>
<td>$16,490</td>
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<tr>
<td>C CALEDONIAN DECK 232 sq. ft. with large window, bathtub, shower (except 329, 330, and 331, shower only)</td>
<td>$11,990</td>
<td>$17,990</td>
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<tr>
<td>D PROMENADE DECK 217 sq. ft. with large window, shower (except 431 and 432, with bathtub and shower)</td>
<td>$12,490</td>
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<td>E BRIDGE DECK 215 sq. ft. plus 45 sq. ft. private balcony, sliding glass doors, walk-in wardrobe, bathtub, shower</td>
<td>$13,990</td>
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</tr>
<tr>
<td>F PROMENADE DECK 217 sq. ft. plus 60 sq. ft. private balcony, sliding glass door, walk-in wardrobe, shower</td>
<td>$14,490</td>
<td>—</td>
</tr>
<tr>
<td>G PROMENADE DECK 243 sq. ft. plus 60 sq. ft. private balcony, sliding glass door, two portholes, walk-in wardrobe, shower</td>
<td>$14,990</td>
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*Limited

**GENERAL INFORMATION**

**TOUR COST INCLUSIONS:** All accommodations and meals as specified in the itinerary; Transfers by airport limousine bus or shared shuttle van on group arrival and departure days; Wine, beer, and soft drinks with welcome and farewell dinners and with lunches and dinners aboard ship; On-tour bullet train between Niigata and Tokyo; Bottled water on coaches; Full program of briefings, lectures, and presentations; Baggage handling; Gratuities to porters, wait staff, guides, ship’s crew, and drivers; Entrance fees and port charges; Welcome and farewell wine receptions; Professional tour manager; $200,000 Emergency Medical Evacuation Insurance.

**TOUR COST EXCLUSIONS:** U.S. domestic and international airfare; Passport and visa expenses; Medical expenses and immunizations; Private airport transfers; Travel and trip cancellation insurance; Deviations from the scheduled tour; Excess baggage charges; Meals not specified in the itinerary; Dishes and beverages not part of the included meals; Liquor except as noted above; Personal items such as e-mail, telephone and fax calls, laundry, and gratuities for nongroup services.

**RESERVATIONS, DEPOSITS, & FINAL PAYMENT:** To reserve a space on this program, a $1,000 deposit is required per person. Please either call us at 800-422-1636 or 617-496-0806 or fill out and mail or fax the registration form found in this brochure. Reservations are acknowledged in order of receipt until the maximum enrollment has been reached. Final payment deadline is December 24, 2015, 120 days prior to departure.

**CANCELLATIONS & REFUNDS:** Notification of cancellation must be received in writing by HAA from the participant. Cancellations received within 14 days of booking: full refund; cancellations received up to 120 days prior to departure will be assessed a cancellation fee of $1,000 per person. Cancellations received within 120 days prior to departure are subject to 100% penalty of all deposits and payments.

**ITINERARY CHANGES:** The itinerary contained in this brochure is accurate at the time of printing. We reserve the right to change the program or accommodations as conditions warrant.

**INSURANCE:** We highly recommend the purchase of trip cancellation insurance. An application for insurance will be provided by HAA upon confirmation.

**RESPONSIBILITY:** Certain other provisions apply regarding limitations of liability and rights of HAA and the tour operator. The statement of responsibility is available at http://alumni.harvard.edu/haa/travel/trips/japan-2016. If you are not able to access the internet, please call HAA Travels at 800-422-1636 or 617-496-0806.

**DISCLAIMER:** Every reasonable effort has been made to ensure the accuracy of information presented in this publication. Neither HAA nor the tour operator is responsible for errors in or damages resulting from use of the information contained herein. Information contained in this brochure is subject to change.

**QUESTIONS:** Please call HAA Travels at 800-422-1636 or 617-496-0806, email: haatravels@harvard.edu.

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Slivers of light filtering through towering green stalks, and the distinct rustling sounds of stalks swaying in the wind, make the Sagano Bamboo Forest truly enchanting.
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